



Topper Times November 2019

School Pride and Community Pride



#HILLTOPPERPROUD



Upcoming Important Dates:

Parent Teacher Conferences

November 7, 2019 - 4:00-8:00 p.m.

Early Release

Friday November 8, 2019

Wednesday November 27, 2019

No School

Thursday November 28, 2019

Friday November 29, 2019



Administrator's Letter

**Cambria-Friesland School District
November, 2019
Monthly Newsletter**

This year Cambria-Friesland Schools made community service part of our Homecoming festivities. The vision of making our communities more a part of the homecoming activities allowed our students to experience firsthand the power of giving during a time when giving of self isn't the foremost consideration. Typically, homecoming week has high school students focused on skits, decorations, dances, and of course the traditional homecoming game. But this year, guided by the district's Culture and Climate Team, our students made a conscious decision to make the service of others part of their homecoming celebrations. It's not uncommon to hear an adult denounce or make a disparaging comment regarding today's youth. When something is vandalized or left broken, we quickly blame "those kids". When in fact we don't know who really was the culprit. But, it's easy for us when we have "those kids" to point the finger towards. Watching our high school students mentor the elementary children, or seeing Cambria-Friesland middle and high school students and teachers haul boxes of books from the basement of the Jane Morgan Memorial Library I was reminded of how incredible our students truly are. No job was too small, and no amount of rain could dampen their desire to not only carry out these services but do so with their best effort possible. Sometimes the deepest learning comes when we work not for our own gain, but instead for the benefit of others. I'm extremely proud of our staff for initiating and planning Community Pride Day 2019, and we should all take a moment to recognize both our staff and students who embraced the opportunity to serve our greater communities that day.

Standards Based Grading

A number of years ago Wisconsin adopted the academic state standards. This began the process of curriculum course work would align with student performance for students and schools throughout the state of Wisconsin. Over the past three years the Cambria-Friesland Elementary School staff have explored and implemented curriculum and grading that reflects a mastery of these state standards. Grading for learning through a standards based model allows teachers to report what students know and how well students can apply what been learned. This allows for class instruction, assessment, and grading to be aligned with student learning and performance outcomes. Mastery of targeted learning goals has greater weight and relevance to student learning and achievement when compared to traditional grading models that focus on points and percentages. The staff and administration of Cambria-Friesland Schools see Standards Based learning targets and grades as an opportunity to continue to provide a level of rigor that challenges our students with a means to best measure each child's level of mastery in learning. This year, our Elementary grades Early Childhood through Fifth Grade will no longer provide letter grades with percentages as a means to track and record grades, but instead utilize the Standards Based grading approach. You'll find a more in depth explanation of Standards Based Grading in this edition of the Hilltopper Newsletter. If you have any questions regarding Standards Based Grading please contact me at your convenience.

Proud to serve, and proud to be a Hilltopper,

Timothy L. Raymond Ed.S.
CFSD Superintendent

SOME EASY WAYS TO LOOK AT STANDARDS BASED GRADING!

CAMBRIA-FRIESLAND ELEMENTARY SCHOOL STANDARDS BASED GRADING

4. Advanced

The student has demonstrate proficiency and can apply knowledge above the standard

3. Proficient

Student has mastered the standard



2. Developing

Student is able to demonstrate some of the concept required by the standard but lacks proficiency in key areas.

1. Beginning

Student has difficulty demonstrating understanding and needs support to complete key tasks.

What is standards based grading?



BUILDING SKILLS WITH TEST PREP

Now that Homecoming is done, students are settling into the heart of the school year and the work required to be successful.

Juniors who took a practice ACT in September received results and are realizing they have some work ahead of them to meet their individual goals.

This year, we plan to implement time to specifically help not only the Juniors to build the needed skills; but also help Freshmen and Sophomores prepare for the ACT Aspire in hopes that they will be on track to do well on the ACT when they become Juniors.

To do this, we are creating “Yes We Can Wednesdays” starting October 30 through the dates for the ACT and ACT Aspire testing. One of the keys to preparing to do well is not trying to put things off until the last minute.



Regular practice with and exposure to sample and practice questions written in the same format as the exams is one of the best methods for improvement. Sometimes, even when students have the skills, they don't do well on tests that come in a format they are not familiar with. Spending one class period each week focused on these skills and building familiarity should prepare our students to truly do their best and we are looking forward to helping them achieve at the highest level they possibly can.

- *Debra Torrison, MS/HS Principal*

Handbook Highlights

Who really reads handbooks? Often, it's not until after a problem occurs that we really read them carefully. This month, to hopefully help address an issue **before** it happens. I would like to highlight part of the handbook related to absences.

Unexcused Absences

Phone calls and notes do not automatically result in an excused absence. Examples of reasons for absences that may not be excused include, but are not limited to, running errands, shopping, overslept, running late, or absences beyond the 10 allowed pre-arranged absences by parent without documentation.

The MS/HS has experienced an unusual number of students who believe that a parent phone call automatically means they are excused. However, students who are late or miss classes for unexcused reasons, even with parent permission, still have to deal with the consequences of the unexcused absence or tardy. In most cases, this will mean an after-school detention. If there is a pattern of such absences or tardiness, it can be considered habitual truancy which can involve truancy citations.

If you have questions or concerns, please contact Mrs. Torrison.

Elementary Counselor Corner

October Character Trait of the Month **Enthusiastic**

Elementary students have been celebrating the character trait *enthusiastic*. Students recognized as enthusiastic in their attitude towards friends, school, and others are shared over the announcements and get to participate in an end of the month drawing. Students in October were able to show their enthusiasm for helping others through Community Pride Day and their enthusiasm for school throughout homecoming week.

November Character Trait of the Month **Respectful**

During November students will be taught on what respect looks like. Respect for others, respect for your environment, and respect for yourself. Students caught showing exemplary respectful behavior will be made known through the announcements and will be a part of the monthly drawing.

Anger Management

Elementary students in my classes and groups have spent the beginning of the year talking about the vast array of emotions and feelings we experience in a day or even a moment. Students were able to understand the purpose of feelings and emotions in that they give us information in to what is happening in our worlds. Understanding why we feel a certain way can give us valuable insight into a situation and help us navigate our lives. One emotion, however, has a tendency to shut down the rest of our “thinking brain”. That emotion is anger. Students identified what causes anger and how to use it as an information tool rather than letting anger use them (e.g. tantrums, hitting, bad language, silent treatment, etc.). After understanding the progression of anger from trigger, to emotional response, to action and consequence, students were able to intervene in their anger response through anger management tools. Students worked together to perform role plays and offer examples of ways to cool off anger like controlled breathing, backwards counting, exercise, stress balls and distractions.



Middle/High School Counselor

Now is the time for seniors to start thinking about and preparing for what comes after graduation! Many seniors will choose to go on to a 4-year or technical school while some will choose to join the workforce or military. Whatever you do, make sure you are prepared.

Here are some resources to help seniors do that:

1. Completing your FAFSA <https://studentaid.ed.gov/sa/fafsa>
 2. Apply for Scholarships!!!
 3. Wisconsin 4-year Universities
<https://uwhelp.wisconsin.edu/resources/uw-journey/>
 4. Wisconsin Technical Colleges <https://www.wistechcolleges.org/>
 5. Wisconsin Private Colleges
<http://www.wisconsinsprivatecolleges.org/>
 6. Military <http://www.defense.gov/>
 7. Asking for Letters of Recommendation
 8. Creating your Resume and Cover Letters
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Middle school guidance lessons are off to a great start. We have covered a few topics, such as perseverance and teamwork, and will cover many more throughout the year. I am starting to learn all of my students' names and get to know each and every one of them. I try to make guidance lessons as interactive as possible and we are having a lot of fun.

If you have any questions or concerns please contact me:

Molly Borman

920-348-5135 ext. 162

molly.borman@cambria-frieslandschools.org



The Cambria-Friesland Elementary School participates in the Kiwanis Terrific Kids award program. The Kiwanis Terrific Kids Program promotes character development, self-esteem, and perseverance. Students are encouraged to practice the character traits of the Terrific Kid, which are: Thoughtful, Enthusiastic, Respectful, Responsible, Inclusive, Friendly, Inquisitive, and Capable.

Each month the school staff will educate the students about one of the character traits.

During the month, the students will participate in activities that develop awareness of each trait. At the end of the month two students from each classroom will be recognized for consistently working at being Terrific Kids. Our goal is to create a school full of Terrific Kids.

The character trait for the month of September was "Thoughtful". September Kids' Awards went to:



Pre-Kindergarten

Ashlyn Berger, Lilly Green, Keighan Sieber, Hadley Stiemsma

Kindergarten

Aubree Austin, Graeson Casillas, Kian Henrickson, Jonathan Winter

First Grade

Brynlee Brown, Claire Maas, Adalina Merritt, Emma Ramirez

Second Grade

Lila Smull, Julia Sobotta

Third Grade

Daniel Berger, Vanessa Garrido-Neal, Grayson Hendrickson, Launa Kalinowski

Fourth Grade

Allyson Dykstra, Amora Fierro, Colby Krieger-Smith, Ayden Sobotta

Fifth Grade

Callen Drews, Andrea Gebhard, Gretta Hahn, Joseph Heller

The Character trait for October is "Enthusiastic"

American Players Theater Presents *Macbeth*

On Wednesday, September 25th, the juniors and seniors attended the annual English field trip to the American Players Theater at Spring Green, WI. This year's Shakespearean play was the tragedy *Macbeth*. The weather was absolutely gorgeous! The APT theater is an outdoor stage on the top of a picturesque hill. Shakespeare's *Macbeth* is a tragedy in which several people die. The main tragedy of course is how Macbeth and his wife, Lady Macbeth, become consumed by their desire for power and destroy their relationship in the process. After Macbeth quells a Scottish rebellion against the beloved Scottish King Duncan, he by chance meets three witches in the woods. The three witches flippantly say to Macbeth, "Hail to thee who shalt be king hereafter." Macbeth interprets this to mean that he will become king. He proceeds to tell Lady Macbeth about the meeting with the witches, and Lady Macbeth becomes enthralled with the idea that she will be queen if Macbeth becomes king. Together, the two of them assassinate King Duncan to prove the witches prediction to be true. However, upon becoming king and queen, their obsession to continue to stay on top forces them to have to murder several other people. In the end, their own relationship is destroyed, Lady Macbeth goes insane and commits suicide, and Macbeth is killed due to his being a tyrant king. Overall, *Macbeth* is one of Shakespeare's greatest tragedies. The seniors attended their second live Shakespearean performance and the juniors attended their first. A highlight was that Sergio Salgado, a CF junior, was a part of the interaction between the actors and the audience which was typical in Shakespeare day as well. Sergio was asked by actor David Daniel to help him introduce the start of the play. Sergio did great despite being asked to do this on the spot!!! All in all, Mr. Quade and Ms. Hofmeister were very proud of how well all of the students represented Cambria-Friesland High School. The day was a great success!



Career Exploration for Middle School Students

Students in grades 6th, 7th and 8th grade have the opportunity to explore the different careers offered in our local industries. It is important for students to see the type of careers that are offered right in our community. They can see the different types of technology that are used. Careers that are available in these industries range from entry level to highly skilled.



Alsum Farm and Produce



United Wisconsin Grain Producers

Xello

New Online Program for Students



Students now have access to **Xello**. This online program will help the student discover the future pathway that's right from him/her.

In today's changing world, students need the critical thinking and decision-making skills to manage their future for long term. **Xello** uses an investigative, discovery-based learning process with four key components:

- **Build Self-knowledge** - students will define their interests, skills, preferences, and aspirations so they can explore opportunities that are right for them.
- **Explore Options** - students will learn about career possibilities and educational pathways.
- **Create a Plan** - students can create dynamic actionable plans
- **Learn & Reassess** - through a series of interactive lessons, students will develop skills and knowledge to be successful.

Learn more at www.xello.world



**Cambria-Friesland School District
Reality Day
Financial “Real World” Simulation
For Juniors
April 15, 2020
(free - no cost to your district)**

**And new this year -
Save a Life Tour in the afternoon
[Save A Life Tour Information](#)
(cost - place contact Deb Torrison at
deb.torrison@cambria-frieslandschools.org)**



Learn about Madison College by seeing yourself on campus. Madison College is hosting several EXPERIENCE events that let you try college on for size. Meet instructors, participate in hands-on activities and take a campus tour focused on your interests.

Arrangements are being made to take a select group of students to these EXPERIENCES. All are on Friday afternoons (12-4).

- **HEALTH: SEPTEMBER 20**
Sample programs: Nursing, Medical Assistant, Optometric Technician, Radiography, Occupational Therapy Assistant, Dental Assistant/Dental Hygiene, Respiratory Therapy, Vet Technician, Medical Lab Assistant
- **BUSINESS & APPLIED ARTS: OCTOBER 11**
Sample programs: Visual Communication, Graphic Design, Photography, Digital Marketing, Fashion Marketing, Web & Digital Media Design, Human Resource Management, Business Management, Small Business Entrepreneurship
- **APPLIED SCIENCE, ENGINEERING & TECH: OCTOBER 25**
Sample programs: IT, Transportation, Construction, Manufacturing, Biotechnology, Applied Engineering
- **ARTS & SCIENCES/LIBERAL ARTS TRANSFER: NOVEMBER 1**
Programs: Humanities/Fine Arts, STEM/Health
- **PROTECTIVE SERVICES: NOVEMBER 15**
Sample programs: Criminal Justice, Law Enforcement, Fire Protection, EMT and Paramedic with a special K9 presentation.

If interested in any of these please see Mrs. DeVries or stop into the ACP room (off of the cafeteria) for more details.

CF SPANISH CLUB SERVICE PROJECT:

CHARITY BOWLATHON

Sponsor a CF Spanish Club student in a bowlathon. All money pledged/donated will be used to

Provide school supplies and/or toiletries for our upcoming 2021 Spanish Club Trip. We were able to buy over \$800 worth of supplies for the orphanage we visited in Panama this past summer through your generous donations!



**HELP US TO MAKE A DIFFERENCE IN
OUR WORLD!!!!**

Contact Mrs. Hoffmann at the high school (348-5135, ext 115) if you have questions or would like to sponsor a student bowler.

Spanish Club Coffee and Soup Sale

When: November 4- December 2

What: Berres Brothers Coffees, dry soup and dip mixes, various cheeses, sausages, and candies

All proceeds go towards our upcoming 2021 Spanish Club Trip to a yet to be determined Spanish-speaking country.

If you are interested, please see a Spanish club member or contact Mrs. Hoffmann at the high school (348-5135, ext 115).



Astonishingly smooth flavor®

Perk Up Your

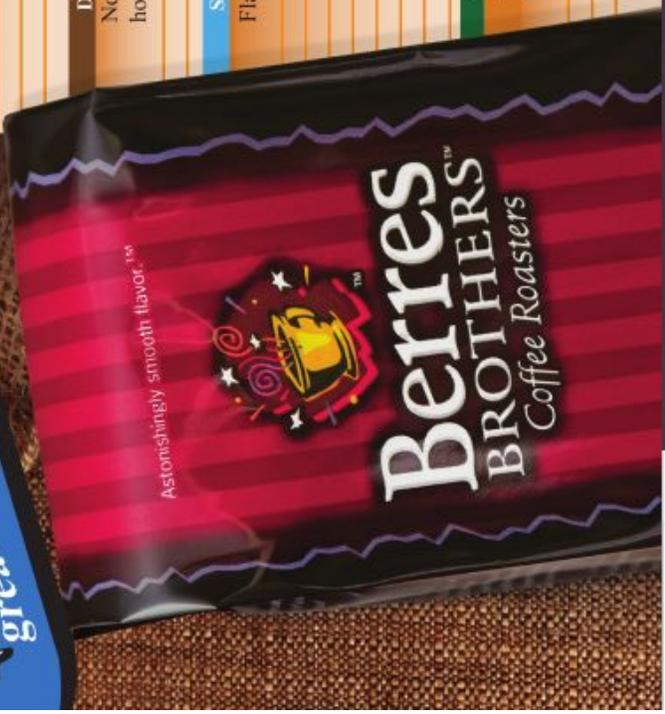
FUNDRAISING!

As Featured on
The Food Network's
Unwrapped



Every
Coffee I
taste!

Coffee makes a
great gift, too!



1.5 oz. Variety Packs

12 oz. Ground Packages

Gourmet Coffee Descriptions

SIGNATURE ROAST

Simply put, the very best Arabica Beans grown and signature roasts reflect our people, our creativity and our passion for coffees. By carefully combining various beans from all over the world, we create a unique, pleasing and distinctive coffee experience for every coffee lover!

- Breakfast Blend** *Perfectly balanced, exquisitely smooth. Wake up to this lively blend of Colombian & Costa Rican beans.*
- Costa Rican** *Enticingly silky, soothingly rich. Hearty Costa Rican beans create this full bodied brew with a touch of sweetness.*

DARK ROAST

Not all coffees are appropriate for dark roasts (neither are all coffee drinkers). But if you like dark coffee, you'll love ours! We have done our homework to develop a dark roast that offers a level of character and flavor, along with the little "kick" you expect.

- French Dark Roast** *Distinctly smoky, soothingly rich. Indulge in the deep, full-bodied flavor of dark roasted Central American beans.*

SPECIALTY FLAVORS

Flavored Coffees are our speciality! Berres Brothers coffee has incredible taste in our special flavored gourmet blends. Come indulge yourself!

- CinnaNut Island** *Come to the island! A refreshing blend of cinnamon, roasted chestnut & toasted pecans, topped with vanilla and caramel.*
- French Caramel** *Exquisitely creamy, delectably sweet. An indulgence of rich, buttery vanilla, frosted with decadent caramel.*
- Hazelnut Cream** *Delightfully buttery, deliciously smooth. A light sensation of sweet hazelnut and savory swirls of cream.*
- Highlander Grogg** *Indulgently sweet, richly enticing. Our top seller...An explosion of caramel, butterscotch and hazelnut.*
- Packer Perc** *Cheerfully spirited, deliciously smooth. A winning combination of buttery hazelnut with a kick of Irish cream.*
- Streusel Cake** *Delightfully sweet, purely indulgent. A rich coffee cake flavor accented by a sassy swirl of cinnamon.*
- French Vanilla** *Remarkably smooth, delightfully rich. An indulgence of sweet swirls of decadent, creamy vanilla heaven.*
- Chocolate Caramel** *Delectably creamy, richly indulgent. Who can resist the taste of dark chocolate with sweet swirls of caramel?*

DECAF

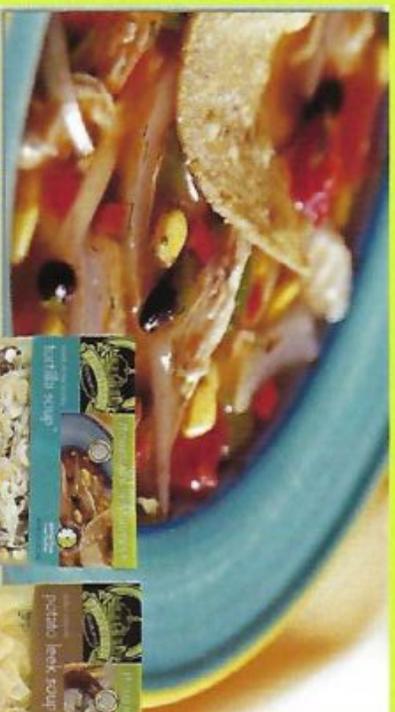
A solvent based process in which the caffeine is extracted from the beans at high pressure near the solvent's boiling point. At the conclusion of the process, the caffeine has been safely removed without affecting the beans or their flavor capacity.

- Decaf Breakfast Blend** *Perfectly balanced, exquisitely smooth. Wake up to this lively blend of Colombian & Costa Rican beans.*
- Decaf French Caramel** *Exquisitely creamy, delectably sweet. An indulgence of rich buttery vanilla, frosted with decadent caramel.*
- Decaf Highlander Grogg** *Indulgently sweet, richly enticing. Our top seller...An explosion of caramel, butterscotch and hazelnut.*



Simply Satisfying Meals
ALL GLUTEN FREE
NO PRESERVATIVES
NO SALT NO MSG

FIESTA-FABULOUS PIPS



**Old World Flavor
 and Quality,
 Modern-Day
 Convenience!**



Create Family Size Meals!
 Our soups make between 6 - 12 servings.
 All Natural, Top Quality Ingredients enhance both
 Meat & Meatless lifestyles for perfect Family Meals!

HEARTY MEALS

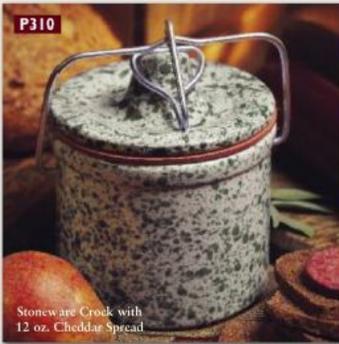
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|-------------------------------------|---|
| Illinois Prairie Corn Chowder | Our top selling soup! This luscious corn chowder soup mix is a versatile family favorite. |
| Colorado Campfire Chicken Stew | As thick and rich as chicken pot pie with carrots, peas, potatoes and white beans. |
| Minnesota Heartland 1 1 ~ Bean Soup | With French bread and a green salad, this 1-1-bean soup mix makes a hearty dinner. |
| Michigan Ski Country Chili | Add ground chuck and sliced pork for this blaze-of-glory Midwestern chili soup. |
| Indiana Harvest Sausage Lentil Soup | Just add tomatoes, sausage, zucchini and red wine for great nutrition and taste. |
| California White Bean Chili | A savory and heartwarming white bean chili mix with mild peppers and sweet potatoes. |
| Wisconsin Lakeshore Wild Rice Soup | This subtly seasoned wild rice soup mix comforts the heart and soul. |
| Arizona Sunset Enchilada Soup | Thicker and heartier than our tortilla soup this soup makes an authentic Mexican meal. |

HOMEMADE IN MINUTES

- | | |
|--------------------------------------|---|
| South of the Border Tortilla Soup | This chicken tortilla soup is so good it may call for a party; a sure-fire winner! |
| Connecticut Cottage Chicken Noodle | A family favorite, our chicken noodle soup, seasoned with dill is a delightful soup meal. |
| Chicago Bistro French Onion Soup | With black beluga lentils, plenty of sliced onion in the mix makes for a rich & robust treat. |
| Idaho Outpost Potato Leek Soup | New Quick Recipe! Our potato leek soup mix makes a chunky, country-style potato soup. |
| Virginia Blue Ridge Broccoli Cheddar | Our broccoli cheddar soup mix makes a lovely appetizer or luncheon soup |

PARTY STARTERS DIPS - COMBO PACKS

- | | |
|--|--|
| #1 Taco Dip Mix | Our taco dip mix blends southwestern spices and veggies that guarantee a party favorite! |
| #1 Roasted Garlic Spinach Dip | Classic, thick spinach dip gets extra flavor with roasted garlic. Serve hot or cold. |
| #2 Green Onion Dip and Chicken Bake | Springtime scallions and a medley of herbs make this versatile dip mix/sandwich spread. |
| #2 Lemon Dill Dip and Fish Bake | This versatile herb mixture blends lemon with the taste of dill for a delicious combination. |



P310

Stoneware Crock with
12 oz. Cheddar Spread

**SHARP CHEDDAR SPREAD
IN SPATTER STONWARE CROCK**

P310. Our delicious Cheddar Cheese Snack Spread is buttery smooth and mellow tasting. Packed in a reusable, gorgeous green spatter crock with an old-fashioned wire closure. Makes a great gift! (12 oz.) **\$19**



P100

BEEF STICKS

P100. A protein-packed snack that's fun to eat. Made with the best beef and spices. (8 oz.) **\$14**



P070

CAJUN STYLE BEEF SUMMER SAUSAGE

P070. Crushed black peppercorns and hot peppers add zing to a classic Wisconsin sausage in brown casing. (11 oz.) **\$13**



P410

BEEF SUMMER SAUSAGE

P410. This slim traditional beef summer sausage makes neat cracker-sized slices. (11 oz.) **\$13**



Nutrition facts, ingredients and allergen information available online pineriver.com/fundraising.htm. Dishes and utensils are serving suggestions and not included.

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EST. 1984
PINE RIVER

Timeless Traditions



*Cheese Spreads
& Chocolates
Proudly Crafted
in Wisconsin*



P750

PECAN JAMBOREES®

P780. Pecans and chewy vanilla caramel, smothered in milk chocolate. Seal of Excellence Award winner at the Wisconsin State Fair! (4 oz. foil bag) **\$6**



MINI MINT MOONBEAMS

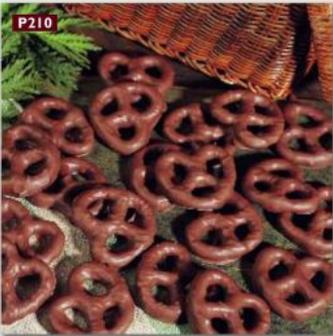
P750. Mint chocolate sandwich cookies dipped in milk chocolate! Mini version of our Wisconsin State Fair Seal of Excellence Award winner! (4 oz. foil bag) **\$6**



P060

WALNUT FUDGE CLUSTERS

P060. Walnut and fudge truffle centers are drenched in milk chocolate. Seal of Excellence Award winner at the Wisconsin State Fair! (4.5 oz. foil bag) **\$6**



P210

CHOCOLATE DIPPED PRETZELS

P210. Salty pretzels dipped in sweet milk chocolate. Wisconsin State Fair Seal of Excellence Award winner! (4.5 oz. foil bag) **\$6**

About Our Chocolates

Pine River old-fashioned chocolates have won fifteen Seal of Excellence Awards at the Wisconsin State Fair.



P780



P430

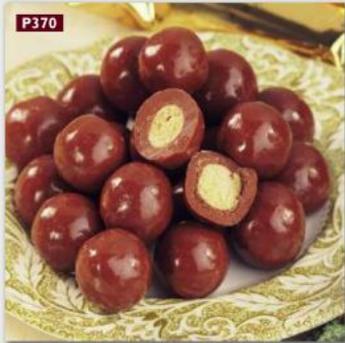
PEANUT CARAMEL CLUSTERS

P980. Peanuts drrenched in caramel then coated in milk chocolate. Seal of Excellence Award winner! (4 oz. foil bag) **\$6**



CHOCOLATE RAISINS

P430. Plump, sweet raisins are covered in delicious milk chocolate. (5 oz. foil bag) **\$6**



P370



P050

MALTED MILK BALLS

P370. These jumbo malted milk balls are double dipped in super thick milk chocolate. A taste-tempting crunchy classic. (5.5 oz. foil bag) **\$6**

PEANUT BUTTER BEARS

P050. Milk chocolate teddy bears with peanut butter truffle centers. (6 oz. box, 15 pcs.) **\$8**

Chocolate, Chocolate, Chocolate



P980



WISCONSIN TRIO™ GIFT BOX

P900. A tasty trio of our most popular pasteurized Wisconsin Cheese Snack Spreads packaged in an attractive green gift box. Contains:
6 oz. Sharp Cheddar
6 oz. Jalapeno
6 oz. Garlic & Herb
\$18

P900

Wisconsin Trio

About Our Snack Spread

Pine River Snack Spread is a pasteurized blend of natural Cheddar cheese and other dairy ingredients. Flavored with herbs and spices. Contains less fat and calories than cuts of natural Cheddar or cold pack cheese. A delicious, convenient source of calcium and protein!



SHARP CHEDDAR SNACK SPREAD

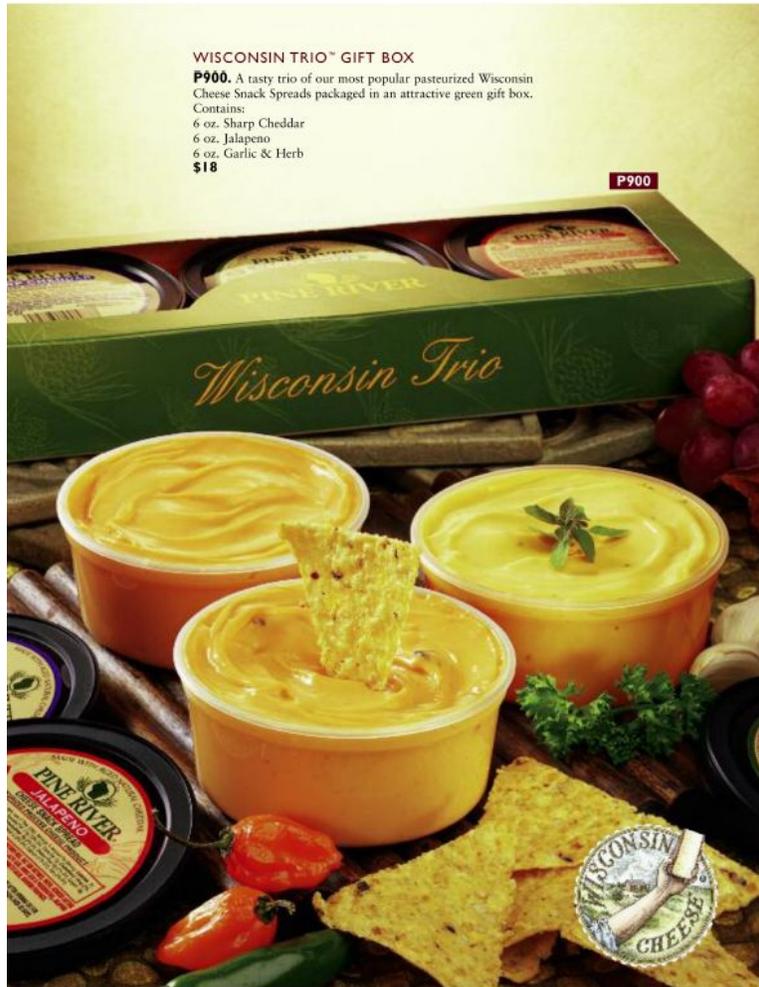
P870. This buttery and mellow Cheddar cheese spread is our most popular flavor. (12 oz.) **\$13**

SMOKEY BACON SNACK SPREAD

P820. Golden Cheddar cheese accented with hickory-smoked bacon flavor. (12 oz.) **\$13**

JALAPENO SNACK SPREAD

P860. Cheddar spiced with lively jalapeno and bell peppers. Serve warmed or chilled. (12 oz.) **\$13**





P830

AGED ASIAGO SNACK SPREAD

P830. Mellow aged Asiago cheese spread puts a little Italy on the snack table. (11 oz.) **\$13**



P840

GARLIC & HERB SNACK SPREAD

P840. Subtle garlic, parsley, oregano, and chives add delightful herbal flavor to this creamy Cheddar spread. (12 oz.) **\$13**

Pine River Snack Spreads



P880

HABANERO SNACK SPREAD

P880. Spicy and hot, habanero peppers kick up the heat to this creamy Cheddar spread. (12 oz.) **\$13**



P800

HORSERADISH SNACK SPREAD

P800. Vibrant white Cheddar spread flavored with a touch of zesty horseradish. Great with pretzels. (12 oz.) **\$13**



WISCONSIN QUARTET™ GIFT BOX

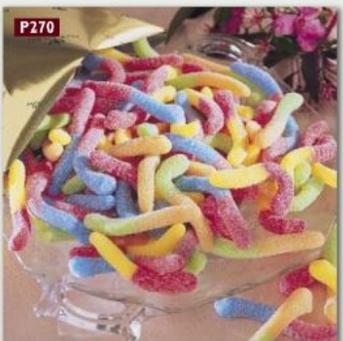
P440. Two of our most popular pasteurized Wisconsin Cheese Snack Spreads are packaged with two varieties of delicious summer sausage in a handsome red box perfect for gift-giving. Contains: 6 oz. Sharp Cheddar Snack Spread 6 oz. Jalapeno Snack Spread 5 oz. Beef Summer Sausage 5 oz. Cajun Style Beef Sausage **\$20**



P200

RED RASPBERRY GUMMIES

P200. These bold, red raspberry flavored gum drops are extra soft and wonderfully chewy. (6 oz. foil bag) **\$6**



P270

SOUR NEON WORMS

P270. Chewy mini-worms in tart fruity flavors: orange and lime, cherry and lemon, raspberry and blueberry. (6 oz. foil bag) **\$6**



P010

SWEET BERRY MIX

P010. This unique snack mix blends the sweet taste of dried banana chips and raisins with tangy dried cranberries. Whole almonds and walnut pieces add crunch. (6 oz. foil bag) **\$6**



P990

FROSTED MINI COOKIES

P990. Mini chocolate sandwich cookies are frosted in a sweet and creamy confection. A yummy treat with a glass of milk. (5.5 oz. foil bag) **\$6**

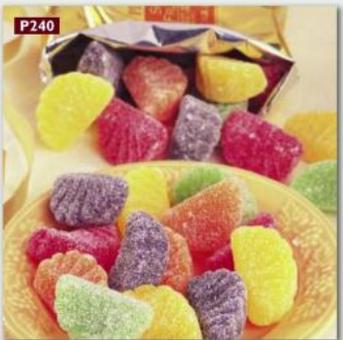
Fruity Chewy Flavors



P930

GUMMY BEARS

P930. These cute little bears are made with real fruit juice. Assorted fruit flavors including lemon, cherry, orange and lime. (7 oz. foil bag) **\$6**



P240

FRUIT JELLY SLICES

P240. Fruit-flavored jelly slices in citrus shapes. Sweet, vibrant orange, lemon, cherry, lime and grape flavors. (11 oz. foil bag) **\$6**

Fresh Packed Snacks



P160

DELUXE MIXED NUTS WITH PEANUTS

P160. This gourmet mix contains peanuts, cashews, almonds, pecans, Brazil nuts, hazelnuts and pistachios. Lightly roasted and salted! (4 oz. foil bag) **\$6**



P190

RAINFORREST CASHEW HALVES

P190. These wonderful split cashews are roasted and lightly salted. An irresistible delicacy. (4 oz. foil bag) **\$6**



CAMBRIA- FRIESLAND COMPUTER APPS COURSE

WHEN

**Third Tuesday's
4:30-7:00**

WHERE

CF High School—Room 116

**FEATURING • Creating documents with tables, pictures,
Resumes, printing, saving, file merging, excel formulas/
Functions, charts/graphs, creating presentations.**

**PARENTS
GRANDPARENTS
DISTRICT
RESIDENTS**

NO COST

DATES:

**Third Tuesday of each
month - skip December
September 2019- May 2020
Time: 4:30-7:30
Location: Room 116
CF High School
Sept 17 - Word
Oct 15 - Word
Nov 19 - Excel
Jan 21 - Excel
Feb 18 - PowerPoint
Mar 17 - PowerPoint
Apr 21 - Adobe Illustrator
May 19 - Adobe Illustrator**

TOPICS:

**MS WORD
MS EXCEL
MS POWERPOINT
ADOBE ILLUSTRATOR**

BENEFITING

**Anyone needing
Knowledge of Microsoft,
Adobe, Resume for jobs,
Computer usage,
Tips & Tricks**

YEARBOOK

CELEBRATING MOMENTS THAT MATTER

EARLY YEARBOOK SALES

RESERVE YOURS TODAY

Price good thru 1/31! \$50.00

Contains Freshman through seniors

Add your Name for Personalization
for only \$5.00

Name:



ENTER YOUR INFORMATION

Student/family Name: _____ Grade: _____

Contact Email: _____

Contact Phone: _____

Number of yearbooks ordered: _____

Total Due (\$40.00 each): _____

Personalize with Name \$5.00: _____ Total: \$

Check should be make out to: Cambria School District

Free Icons are no longer available.

FUTURE BUSINESS LEADERS OF AMERICA



Leadership Wins Championships Fall Leadership Lab

The keynote speaker was inspirational and gave us all good advice on being leaders including:
"Pressure is a privilege",
Billie Jean King.
Trust your preparation.
Focus on the process not the outcome.
Expect things to go wrong.
Tune out the noise.
Failing makes you better.
Head Up and Move On.
Not about being perfect, s about staying in the game.
Play your role.
Learn to fail well.
Only one wins.
Feedback is the breakfast of champions.



This year's lab focused on how members can extend their knowledge, skills and habits beyond their experience in FBLA, giving members the tools to build a portfolio of accomplishments with a wide range of awards programs and ways they can be a leader in FBLA with a focus on service minded leadership in their community.

*Traits of
A Leader:
Selfless-
Team First
Resilient
Inspirational
Dependable
Lead with
Heart*

IT'S NOT TOO LATE TO JOIN! REGISTRATION DUE NOV 10. IF YOU ARE INTERESTED, PLEASE CONTACT MS. ARNCE OR ANY FBLA MEMBER.

Upcoming dates to remember:

- Fall Leadership Conference - Stevens Point - Nov 11 & 12*
- Regional Leadership Conference: Feb 1, 2020*
- State Leadership Conference: March 30-31 - Madison*
- Drive For Your School: April 2020*
- National Leadership Conference:
June 28-July 2, 2020 - Salt Lake City, Utah*

Family Order Form

Created: 8/14/2019 2:16:14 PM

Cambria-Friesland SCRIP Order Form

ORDERS ARE DUE BY THE FIRST FRIDAY OF EACH MONTH at school. Proceeds of your purchase is shown in the % column and donated to the FBLA. Contact Lorri Arnce at 348-5548 (ext: 116).

Name	Customer #
Check #	Order Date

Product	%	QTY	Total	Product	%	QTY	Total	Product	%	QTY	Total
1-800-Flowers \$50.00	12%		\$	Bob Evans Restaurants® \$10.00	10%		\$	Denny's \$10.00	7%		\$
adidas \$25.00	13%		\$	Bonefish Grill \$25.00	8%		\$	Dick's Sporting Goods \$100.00	8%		\$
Aeropostale \$25.00	10%		\$	Boston Market \$10.00	12%		\$	Dick's Sporting Goods \$25.00	8%		\$
Amazon.com \$100.00	2.25%		\$	BP \$100.00	1.5%		\$	Domino's \$10.00	8%		\$
Amazon.com \$25.00	2.25%		\$	BP \$50.00	1.5%		\$	Domino's \$25.00	8%		\$
AMC Theatres \$25.00	8%		\$	Bruegger's Bagels \$10.00	7%		\$	DSW (Designer Shoe Warehouse) \$25.00	8%		\$
AMC Theatres Single Ticket \$10.00	10%		\$	Buckle \$25.00	8%		\$	Dunkin' Donuts \$10.00	3%		\$
AMC Theatres Single Ticket \$12.00	10%		\$	Buffalo Wild Wings® \$10.00	8%		\$	Dunkin' Donuts \$25.00	3%		\$
American Eagle® \$25.00	10%		\$	Buffalo Wild Wings® \$25.00	8%		\$	Express \$25.00	10%		\$
American Girl \$100.00	9%		\$	Build-A-Bear Workshop \$25.00	8%		\$	Exxon \$50.00	1%		\$
American Girl \$25.00	9%		\$	Burger King \$10.00	4%		\$	Family Video \$10.00	12%		\$
App Store & iTunes \$25.00	5%		\$	Burlington \$25.00	8%		\$	Famous Footwear \$25.00	8%		\$
Apple App Store & iTunes \$25.00	5%		\$	Cabela's \$100.00	10%		\$	Fandango \$25.00	4%		\$
Apple iTunes \$15.00	5%		\$	Cabela's \$25.00	10%		\$	Fannie May Candies \$10.00	25%		\$
Apple iTunes \$25.00	5%		\$	Caribou Coffee \$10.00	6%		\$	Fazoli's \$25.00	9%		\$
Applebee's \$25.00	8%		\$	Cenex \$25.00	3%		\$	Festival Foods (WI) - Skogens \$25.00	3%		\$
Applebee's \$50.00	8%		\$	Chil's Grill & Bar \$25.00	11%		\$	Festival Foods (WI) - Skogens \$50.00	3%		\$
Arby's \$10.00	8%		\$	Chil's Grill & Bar \$50.00	11%		\$	Finish Line \$25.00	10%		\$
AutoZone \$25.00	8%		\$	Chipotle Mexican Grill \$10.00	10%		\$	Foot Locker \$25.00	8%		\$
Banana Republic \$25.00	14%		\$	Chuck E. Cheese's \$10.00	8%		\$	GameStop \$25.00	3%		\$
Barnes & Noble \$10.00	8%		\$	Claire's \$10.00	9%		\$	Gap \$25.00	14%		\$
Barnes & Noble \$100.00	8%		\$	Cold Stone Creamery \$10.00	11%		\$	GNC \$25.00	8%		\$
Barnes & Noble \$25.00	8%		\$	Columbia Sportswear \$50.00	12%		\$	Groupon.com \$25.00	7%		\$
Bass Pro Shops \$100.00	10%		\$	Copps (WI only) \$100.00	4%		\$	Guitar Center \$25.00	4%		\$
Bass Pro Shops \$25.00	10%		\$	Copps (WI only) \$50.00	4%		\$	Hallmark \$25.00	4%		\$
Bath & Body Works \$10.00	12%		\$	Cousins Subs \$10.00	9%		\$	Hardee's \$10.00	5%		\$
Bath & Body Works \$25.00	12%		\$	Cracker Barrel \$10.00	8%		\$	Harry & David \$50.00	12%		\$
Bed Bath & Beyond \$25.00	7%		\$	Cracker Barrel \$25.00	8%		\$	Home Depot \$25.00	4%		\$
Best Buy \$100.00	4%		\$	Crate and Barrel \$25.00	8%		\$	HomeGoods \$25.00	7%		\$
Best Buy \$25.00	4%		\$	Cub Foods \$25.00	4%		\$	Houlihan's \$25.00	8%		\$
Binny's Beverage Depot \$100.00	3%		\$	CVS Pharmacy \$25.00	6%		\$	IHOP \$25.00	8%		\$
Binny's Beverage Depot \$25.00	3%		\$	Dairy Queen \$10.00	3%		\$	iTunes \$15.00	5%		\$
				Dave & Buster's \$25.00	13%		\$	iTunes \$25.00	5%		\$
								J. Crew \$25.00	13%		\$

Make Checks Payable To: *Cambria-Friesland School District*

Total Due All Columns:

\$

Family Order Form

Created: 8/14/2019 2:16:14 PM

Cambria-Friesland SCRIP Order Form

ORDERS ARE DUE BY THE FIRST FRIDAY OF EACH MONTH at school. Proceeds of your purchase is shown in the % column and donated to the FBLA. Contact Lorri Arnce at 348-5548 (ext: 116).

Name	Customer #
Check #	Order Date

Product	%	QTY	Total	Product	%	QTY	Total	Product	%	QTY	Total
Jack in the Box \$10.00	4%		\$	Old Chicago \$25.00	6%		\$	Shell \$25.00	1.5%		\$
JCPenney \$25.00	5%		\$	Old Navy \$25.00	14%		\$	Shell \$50.00	1.5%		\$
Jiffy Lube \$30.00	8%		\$	Olive Garden \$25.00	8%		\$	Speedway \$25.00	4%		\$
Jo-Ann Fabric and Craft Stores \$25.00	6%		\$	Oriental Trading Company \$25.00	9%		\$	Staples \$25.00	5%		\$
Journeys \$25.00	10%		\$	Outback Steakhouse \$25.00	8%		\$	Starbucks \$10.00	7%		\$
Kohl's \$100.00	4%		\$	Outback Steakhouse \$50.00	8%		\$	Starbucks \$25.00	7%		\$
Kohl's \$25.00	4%		\$	Panera Bread \$10.00	8%		\$	Steak 'n Shake \$10.00	8%		\$
Krispy Kreme® Doughnut Corporation \$10.00	8%		\$	Panera Bread \$25.00	8%		\$	Subway Restaurants \$10.00	6%		\$
Kwik Trip \$100.00	4%		\$	Papa John's Pizza \$10.00	9%		\$	T.J. Maxx/Marshalls/HomeGoods/Sierra Trading Post \$25.00	7%		\$
Kwik Trip \$25.00	4%		\$	Papa Murphy's Pizza \$10.00	8%		\$	Taco Bell \$10.00	5%		\$
Kwik Trip \$50.00	4%		\$	PetSmart \$25.00	5%		\$	Target \$25.00	2.5%		\$
L.L.Bean \$25.00	16%		\$	Pick 'n Save (WI only) \$25.00	4%		\$	Target \$50.00	2.5%		\$
Lands' End \$25.00	15%		\$	Pick 'n Save (WI only) \$50.00	4%		\$	Texas Roadhouse \$25.00	8%		\$
Lane Bryant \$25.00	8%		\$	Pier 1 Imports \$25.00	9%		\$	TGI Fridays \$25.00	9%		\$
Little Caesars Pizza \$20.00	8%		\$	Piggly Wiggly (WI, IL only) \$100.00	3%		\$	The Home Depot \$25.00	4%		\$
Macy's \$25.00	10%		\$	Piggly Wiggly (WI, IL only) \$25.00	3%		\$	ULTA \$25.00	4%		\$
Marathon \$25.00	3%		\$	Piggly Wiggly (WI, IL only) \$50.00	3%		\$	Under Armour \$25.00	11%		\$
Marcus Theatres \$25.00	8%		\$	Pizza Hut (Not AK or HI) \$10.00	8%		\$	Uno Pizzeria & Grill \$25.00	12%		\$
Marshalls \$25.00	7%		\$	Pizza Ranch \$25.00	8%		\$	Visa Five Back Gift Card \$50.00	1.25%		\$
Maurices \$20.00	7%		\$	Pizzeria Uno \$25.00	12%		\$	Walgreens \$100.00	5%		\$
Meijer (not AK and HI) \$25.00	3%		\$	Potbelly Sandwich Shop \$10.00	8%		\$	Walgreens \$25.00	5%		\$
Meijer (not AK and HI) \$50.00	3%		\$	Qdoba Mexican Grill \$25.00	7%		\$	Walmart \$100.00	2.5%		\$
Menards \$100.00	3%		\$	Red Lobster \$25.00	8%		\$	Walmart \$25.00	2.5%		\$
Menards \$25.00	3%		\$	Red Robin \$25.00	8%		\$	Walmart \$50.00	2.5%		\$
Michaels \$25.00	4%		\$	REI \$25.00	8%		\$	Wendy's \$10.00	6.5%		\$
Mills Fleet Farm \$100.00	3.5%		\$	Roundys (IL and WI only) \$50.00	4%		\$	White Barn Candle Co \$25.00	12%		\$
Mills Fleet Farm \$25.00	3.5%		\$	Ruby Tuesday \$25.00	8%		\$				
Mobil \$50.00	1%		\$	Ruth's Chris Steak House \$50.00	10%		\$				
MotoMart \$50.00	5%		\$	Sally Beauty \$25.00	12%		\$				
Nike \$25.00	12%		\$	Sam's Club \$50.00	2.5%		\$				
Noodles & Company \$10.00	8%		\$	Sentry \$50.00	3%		\$				
NOOK by Barnes & Noble \$10.00	8%		\$								
Office Depot / Office Max \$25.00	5%		\$								

Make Checks Payable To: *Cambria-Friesland School District*

Total Due All Columns:

\$



FROM THE LIBRARY MEDIA CENTER

Dear C-F Families,
Thank you to everyone who visited or shopped at the Scholastic Book Fair. The proceeds help us purchase awesome books and materials for the library.

A special thanks to Samantha Freber, local author and C-F mother, who attended the book fair to sign copies of her book *Allegra's Hope*.

On another note, I'm enjoying getting to know all the C-F students. I live in Madison with my husband Andrew, two children Graham (12) and Alexandra (9), and two crazy dogs.

Reading is one of the joys of my life. Being able to work with students of all ages in the C-F library, and the multi-talented Ms. Glover, is a dream come true for me. Every day is an adventure and the C-F students never cease to amaze me.

Please feel free to reach out any time with questions or book suggestions.

Mrs. Quanbeck
Library Media Specialist
jamie.quanbeck@cambria-frieslandschools.org

November 2019

NOVEMBER IS NATIONAL NOVEL WRITING MONTH

The nonprofit organization NaNoWriMo has a young writer's program for Elementary through High School-aged students.

The challenge: draft an entire novel in just one month.

The program is free and provides a fun way to promote writing through the month of November (or any time).

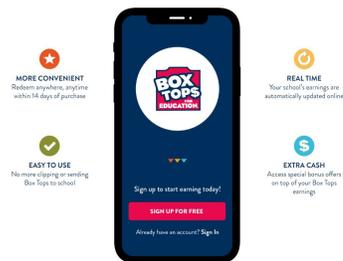
Check out more at:
www.nanowrimo.org



The New Generation of Box Tops for Education

General Mills has made it even easier to support our school! All you need is the Box Top app and your receipt with General Mills purchase and our school receives your support!

Box Tops is changing to fit today's families. The new and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online.



Cambria-Friesland School District Annual Veterans Day Program

Where: Farmers and Merchants Bank Gymnasium
Cambria-Friesland High School

When: 1:00 P.M. Veterans Day Program



Annual Veterans lunch to be served beforehand, time to be determined. We hope that you'll be able to join our students and staff in honoring our communities men and women who have served in our United States Military Forces.



Hilltopper Cafe News

November 2019

Fast Food Versus School Lunch

It was brought to my attention that there is no difference between a fast food burger and school lunch burger and that school lunch is more expensive, so let me break it down.

Our popular fast food single burger (just the burger) weighs 1.6 ounces and has 250 Calories, Saturated Fat 3.5g and Trans fat .5g along with 520 mg of Sodium.

School Burger (just the burger) is a full 2oz burger and has 267 Calories, Saturated Fat 2.7g, Trans Fat 0g, Sodium 480mg. All Counts counts include the bun except the size of the burger.

Now a kids meal would include soda or milk, kids size french fries (kids size is smaller than a small. A small is 2.5oz and has 230 calories) and Apple slices.

School Lunch includes Milk, Fruit, Vegetable, baked French fries (3oz & no added salt, 140 Calories), along with a Hamburger.

Price

\$3.99 Fast Food (I called)

\$2.80 School Lunch (K-5)

So to answer the questions School lunch is less fat, less sodium, less calories and less expensive than our popular fast food restaurant. Enjoy!

Veterans Day 11/11/19

We Are are looking forward to observing and honoring our Veterans again this year. We hope that all of our Veterans will be able to join us for lunch.

We are planning on serving a Turkey dinner with all the fixings.

Dinner served at 12:00

Program at 1:00



Lunches Walking Tacos and Lunchables

October brought a couple of new lunches. Walking Tacos were not exactly new but the chips that we used were. The bag was better made so that we could truly have a walking taco.

We also tried homemade pizza lunchables. This meal included whole grain flatbread, pepperoni slices and homemade marinara sauce. You could also add some shredded cheese. Apple slices, fresh carrots and a cold milk to top it off.



Happy November
Ellen, Dede,
Sandra and Caitlin



Cambriafriesland_lunch

Hilltopper Cafe Breakfast Menu – November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1. Breakfast Slider Juice/Fruit/Milk
3. Pancakes Bacon Juice/Fruit/Milk	4. French Toast Sticks Sausage Juice/Fruit/Milk	5. Breakfast Pizza w/ Red Sauce Juice/Fruit/Milk	6. Long Johns Cheese Stick Juice/Fruit/Milk	7. Ham/Egg/Cheese Patty W/G Toast Juice/Fruit/Milk
11. Egg and Cheese Breakfast Pizza Juice/Fruit/Milk	12. Early Riser Toast Juice/Fruit/Milk	13. French Toast Sticks Sausage Juice/Fruit/Milk	14. Breakfast Slider Juice/Fruit /Milk	15. Ham/Egg/Cheese Patty W/G Toast Juice/Fruit/Milk
18. Hot Ham & Cheese Biscuit Juice/Fruit/Milk	19. French Toast Sticks Sausage Juice/Fruit/Milk	20. Cinnamon Rolls Yogurt Juice/Fruit/Milk	21. Ham/Egg/Cheese Patty W/G Toast Juice/Fruit/Milk	22. Breakfast Pizza w/ Red Sauce Juice/Fruit/Milk
25. Pancake Sausage Stick Juice/Fruit/Milk 	26. Egg and Cheese Breakfast Pizza Juice/Fruit Milk	27. French Toast Sticks Juice/Fruit Milk	28. 	29. 

WG = Whole Grain

Cereal, Cereal Bars, Bug Bites, Fruit/Juice, and Milk are offered daily as a second choice for Breakfast.

Breakfast Prices: PK-12 = \$1.75 per meal. Adult = \$2.25 per meal. Menus are subject to change

(This institution is an equal opportunity provider.) Fresh fruit & vegetables are offered daily.

Hilltopper Cafe Lunch Menu – november 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1. Teriyaki/Orange Chicken Rice/ & Asian Veggies Pineapple
4. Chicken Pasta Bake Bread Stick Carrots Pears	5. Mini Corn Dogs Creamy Noodles Broccoli Peaches	6. <i>National Nacho Day</i> Nachos Refried Beans/Corn Mandarin Oranges 	7. Chicken Nuggets Rice Green Beans Fruit Cocktail	8. Pizza Salad/Peas Pineapple
11. <i>Veterans Day</i> Turkey Mashed Potato/Green Bean Dinner Roll/Stuffing Applesauce Dessert 	12. Hot Dog W/G Bun Mac and Cheese Vegetarian Beans Fresh Carrots/Celery Pears	13. Mostaccioli Garlic Bread Glazed Carrots Peaches	14. Flatbread Chicken Pizza Peas/Salad Mandarin Oranges	15. Chicken Patty W/G Bun Sidewinders Broccoli Fruit Cocktail
18. Popcorn Chicken Rice Broccoli Peaches	19. Cheeseburger W/G Bun French Fries Baked Beans/Green Beans Applesauce	20. Spaghetti Pizza Dipper Salad Fruit Cocktail	21. Sub Sandwich Sun Chips Fresh Carrots Pineapple	22. Cheese Quesadillas Marinara or Salsa Corn Mandarin Oranges
25. Corn Dog Parsley Potato Baked Beans/Green Beans Mandarin Oranges	26. Baked Potato/Ham Bread Broccoli Peaches	27. Pizza Salad/Peas Pineapple	28. Thanksgiving 	29. . 

***All meals are served with milk. Menus are subject to change.**

Lunch Prices: Grades PK-5 = \$2.80 Grades 6-12 = \$2.95 Adult = \$3.85 Supersize = \$1.35

**CAMBRIA-FRIESLAND SCHOOL DISTRICT
FOOD SERVICE PROGRAM**

**Is offering breakfast for our district's children who attend
Randolph Christian School. Parents if you're interested in
learning more please contact, Ellen Lehman, Food Service
Director @ 920-348-5135 ext. 180**

Or email:

ellen.lehman@cambria-frieslandschools.org



Community Bread Basket

Do your funds for food run short before the end of the month? We are here for you!

The Cambria Bread Basket Food Pantry provides food and essentials for the families in need in the Cambria vicinity. We are located in the basement of the First Presbyterian Church, 121 W. Florence St, Cambria. The pantry entrance is on Towyn St.

No ID or registration required.

Current hours: Thursday, 3:00 p.m. to 5:00 p.m.

For an appointment or more information, please call: Church - 920-348-5859, Joanne Sanderson - 920-348-5568, Jan Williams - 920-348-5048, Joanne Vaughan - 920-296-2452

****DONATIONS ARE ALWAYS WELCOMED & APPRECIATED**

HOMECOMING 2019



MARK YOUR CALENDARS!!!

**PARENT-TEACHER CONFERENCES
WILL BE HELD ON
THURSDAY NOVEMBER 7, 2019
FROM 4:00-8:00 P.M.**

MSHS ANNOUNCEMENTS

If you are interested in receiving the MSHS announcements daily please email Pam Hendrickson at pam.hendrickson@cambria-frieslandschools.org and you will receive daily announcements via email. Please call Pam with any questions at 348-5135 ext. 158.

PowerSchool Student Information System



Parents and students are encouraged to access PowerSchool to keep current with grades, attendance, and daily announcements. To log onto PowerSchool, go to the Cambria-Friesland website, www.cfsdwi.org, and on the menu bar click on community items and PowerSchool is located on the left side of the page about half way down.

If you need help logging on or have questions regarding PowerSchool, please contact Pam Hendrickson in the school office at 920-348-5135, ext. 158. Mrs. Hendrickson will also be able to provide you with your PowerSchool ID and password information.

ASPEN FAMILY COUNSELING

There is a mental health therapist in your school every week. (Aspen Family Counseling is a provider for most insurance companies.)



Is your child experiencing: Concentration problems? Behavior issues? Trouble getting school work done? School attendance problems? We can help your child: *Improve their mental health, * Be absent from school less, *Have more academic success, *Improve their physical health.

Contact Aspen at 1-608-742-5020, your child's teacher, or the school counselor, if you would like your child to see a mental health therapist during school hours.

Absence Reminder

Please contact the office, at extension 4, to call in a child's absence. If you would like to leave information for your child's teacher regarding your son/daughter's absence, please do that IN ADDITION to calling the office to report that your child will not be in. If your child rides the bus please call Smith Bus to inform them as well at #608-429-2732, or email: smithbus3@frontier.com. Thank you.

Label Personal Items

Parents, please remember to label your child's lunch box, pencil bags, coats, ect., to help in identifying lost or misplaced items. Thank you.

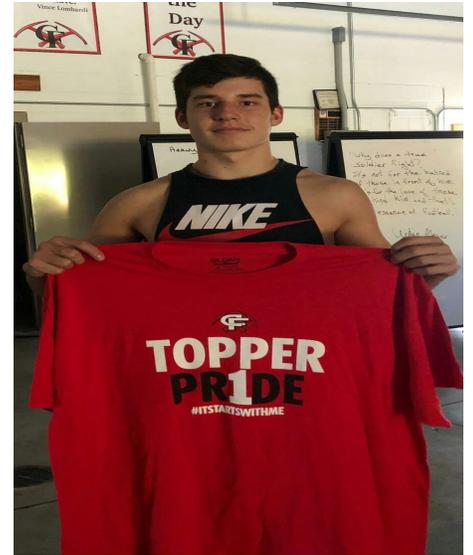
Bus Reminder

If your child is not riding the bus in the morning, please call prior to 6:30 a.m. and leave a message at Smith Bus 608-429-2732 or email: smithbus3@frontier.com

Topper Pride

A goal of this year's football team was to bring a greater degree of positive energy back to the Cambria-Friesland Schools. As acts of kindness and compassion are reported to a coach a "Topper Pride" tee shirt is awarded to the young man. The following pictures are of the football players that have earned their shirts.

Respectful



Pride



Kindness



Good-hearted

Upcoming Events

Nov. 2

Cross Country: High School State The Ridges Golf Course Opponent: Randolph/Cambria-Friesland, Wisconsin Rapids Lincoln Youth Club Basketball Tournament - Girls (7:00 AM - 7:00 PM)

Nov. 3

Open Gym for Club Basketball (3:30 PM - 5:30 PM) FMUB Auditorium

Nov. 4

Honors choir @ Montello Time TBD

Basketball: Boys MS Game (4:30 PM) Cambria-Friesland Middle School Opponent: Randolph

Nov. 5

Basketball: Boys MS Game (4:30 PM) Cambria-Friesland Middle School Opponent: Dodge Land

Nov. 6

Honors band @ Montello Time TBD

End of Quarter 1

Girl Scout Meeting (3:30 PM - 4:30 PM) Room 135

C-F Booster Club Meeting (7:00 PM - 8:00 PM)

Nov. 7

Parent-Teacher Conferences (4:00-8:00pm)

Basketball: Boys MS Game (4:30 PM) Cambria-Friesland Middle School Opponent: Rio Community School District

Nov. 8

Early Release (1:00 pm)

Nov. 9

Annual Craft Fair (9:00 AM - 2:00 PM)

Nov. 10

Open Gym for Club Basketball (3:30 PM - 5:30 PM) FMUB Auditorium

Nov. 11

HS Girl's Basketball - First Day of Practice

Nov. 12

4K Family Fun Day - LEGO Day (9:30 AM - 11:00 AM)

4K Family Fun Day - LEGO Day (1:45 PM - 3:20 PM)

Basketball: Boys MS Game (4:30 PM) Rio Community School District Opponent: Away, Rio Community School District

Nov. 14

Girl Scout Meeting (3:30 PM - 4:45 PM) Room 135

Basketball: Boys MS Game (4:00 PM) Central Wisconsin Christian School Opponent: Away, Central Wisconsin Christian

Nov. 16

Youth Club Basketball Girls Game (7:00 AM - 7:00 PM)

Nov. 17

Open Gym for Club Basketball (3:30 PM - 5:30 PM) FMUB Auditorium

Nov. 18

HS Boys Basketball - First Day of Practice

Nov. 19

Basketball: Boys MS Game (4:30 PM) Randolph Middle School Opponent: Away, Randolph

Community Computer Class (4:30 PM - 7:00 PM)

Nov. 20

NHS Blood Drive (10:30 am - 5:30 pm)

Girl Scout Meeting (3:30 PM - 4:30 PM) Room 135

Nov. 21

Basketball: Boys MS Game (4:30 PM) Pardeeville Middle School Opponent: Away, Pardeeville

Basketball: Girls JV Game (6:00 PM) Wayland Academy Opponent: Away, Wayland Academy

Basketball: Girls Varsity Game (7:15 PM) Wayland Academy Opponent: Away, Wayland Academy

Nov. 24

HS Boys Basketball - Open Gym (6:00 PM - 7:30 PM) FMUB Auditorium

Nov. 25

Basketball: Boys Varsity Scrimmage (5:00 PM - 7:30 PM) Cambria Friesland High School Opponent: Marshall, Oakfield MS/HS

Basketball: Girls JV Game (6:00 PM) Deerfield High School Opponent: Away, Deerfield

Basketball: Girls Varsity Game (7:15 PM) Deerfield High School Opponent: Away, Deerfield

School Board Meeting (6:00 PM - 7:00 PM)

Nov. 27

Early Release (1:00 PM)

Upcoming Events

Nov. 28

No School

Nov. 29

No School

FFA students working at the brat fry in Waupun at Tractor Supply



**Middle School Football Practice
Fun in the rain**



Check out our webpage: www.cf.k12.wi.us

find us on [facebook](#)

follow us [twitter](#)

Cambria-Friesland Child Enhancement Center

NOW HIRING

Child Care assistant teachers - Part-time - Birth-12 years

Requirements-

- Must be 18 years of age or older
- *Must have HS Diploma or GED equivalent
- *Previous Experience and/or child care courses is a plus

Responsibilities-

- *Interact with children and guide positive behaviors
- *Meet children's daily needs
- *Provide quality care while developing a partnership, between home, school, and child care which benefits the development and growth of the children.

****Paid Training****

If you have a passion for children, love working with families and want to make a difference in the life of a child, please apply online or at Cambria-Friesland School District. We look forward to you joining our TEAM!

If you have any questions, please call 920-348-5135 ext. 181

CEC Employee of the Month

Abby Podrasky



Abby is a lead teacher in the Dreamer's Room (Birth-2). The best part about working at the CEC is watching the kids learn and grow everyday! Abby's favorite food is pizza. In Abby's free time, she likes to spend time with family, read and bake!

Child Enhancement Center's Fall Family Night was held on Oct. 14, 2019

The Child Enhancement Center held a Fall family event on October 14th. They served chili, chicken noodle soup, salad and cornbread. The kids enjoyed decorating pumpkins with their parents, as well as playing bowling and playing in the sensory bucket which was pumpkin guts.



COMMUNITY



Family



JOB OPENING

The Cambria-Friesland School District is looking to fill some positions. Interested candidates please submit a cover letter, resume, and application www.cf.k12.wi.us to Debbie Merwin, 410 E. Edgewater Street, Cambria, WI 53923. For further information please call 920-348-5548, ext. 278.

- **Substitute Teaching Staff**
- **Substitute Para-professional Staff**

Smith Bus

Bus Drivers Needed: Interested in driving bus? Contact Nicole at Smith Bus #608-429-2732 or email her at smithbus3@gmail.com

JANE MORGAN MEMORIAL LIBRARY *IS LOOKING FOR A* SUBSTITUTE LIBRARY AIDE

**Some Monday, Wednesday Evenings from 5 to 8 p.m. and
Saturdays from 9 to 12 p.m.
Approximately 20 hours per month
\$9.50 per hour**

**For more information and application please contact Jennifer Tallman
Applications must be submitted by Tuesday, October 15, 2019
920-348-4030**

CF ROCKS CORNER

Upcoming Events

- Holiday Craft Fair @ Cambria Schools: Saturday, November 9, 9:00 am - 2:00pm
- Tubing Fundraiser @ Cascade Mountain: Wednesday, January 22, 4:00-9:00pm
- Watch for Meetings by following us facebook or looking at our bulletin board in the Main Entrance of the school.

CF ROCKS provided school shirts for all new students from 4K - 12th grade



Fall Family Dance and Costume Party

Acapella Group



Donated food for the food pantry



Join Our 2019

Holiday Craft Fair

Make Holiday cards
CONCESSION! for Soldiers

large variety of
booths!



**Basket
Raffle**

Free **P**rofessional
Photos by **S**abrina
at **C**reative
Innovations!



CAMBRIA-FRIESLAND SCHOOL **NOVEMBER 9TH**
410 E EDGEWATER ST, CAMBRIA **9AM TILL 2PM**



You are invited to the General Session Annual Meeting of the Cambria-Friesland Career Coalition. We are excited to bring you information that will foster the growth of our schools, communities, businesses, and local governments.

When: Wednesday, November 13, 2019

Time : 5:30 p.m. to 8 p.m.

Where: Cambria-Friesland School - Alsum Farms & Produce Inc. Gymnasium

A light meal will be served starting at 5:30 p.m., the meeting will follow at 6:00 p.m..

Please share with community members. Bring a friend or organization member!

VISI  N 2030

CF Youth Club Basketball Cambria Tournament Schedule

Saturday, December 7th - 3rd grade girls and boys tournament

Saturday, December 14th - 4th grade & 5th grade boys tournament

Saturday, January 4th - 7th & 8th grade girls tournament

Saturday, January 11th - 4th & 5th grade girls tournament

Saturday, January 18th - 6th grade girls tournament

Saturday, February 15th - 6th grade boys tournament

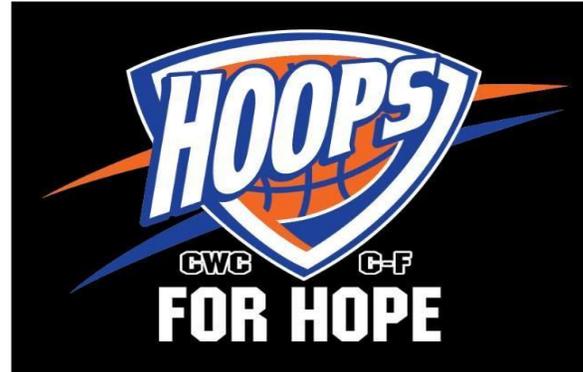
Saturday, February 22nd - 7th & 8th grade boys tournament



CF Youth Club Basketball is recruiting a volunteer coach for 3/4th grade boys!! If interested, please email cfclubball@gmail.com

HOOPS FOR HOPE

October 28, 2019



Cambria-Friesland Topper Friends,

It is going to be a special night on **Monday, December 2, 2019!** Basketball teams and fans of Central Wisconsin Christian and Cambria-Friesland once again join forces for Hoops for Hope! This year the event is hosted right here in Cambria and we will be raising funds to support two individuals with needs specific to organ donation. We also wish to bring more awareness to our communities in regards to organ donation needs.

The evening will be dedicated to raising funds to support:

C-F's Girls Varsity Basketball Coach – **John Stettbacher** who is currently on dialysis due to polycystic kidney disease and is looking for a donor.

-and-

CWC's family and supporter - **Mark Stuebs** who is very recently recovering from a liver transplant.

We know that organ donation and organ transplant has touched many of our lives in some manner and want to invite you to partner with us to be a sponsor, making this a very successful evening of hope. Can we please count on you to generously open your hearts and donate to support our recipients?

Please respond by **November 15th**, using the attached partnership and sponsor form. Thank you in advance for your contributions, we hope to see you on December 2nd!

Sincerely,

Christa Smits ~ C-F Booster Club President

Event Activities:

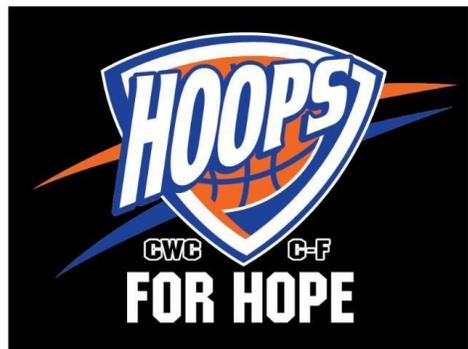
Free-will donation dinner beginning at 4:30 pm

C-F & CWC boys & girls basketball games – begin at 4:30 pm

A Night of Hope Special Event Recognition – 7:00 pm (Between varsity games)

HOOPS FOR HOPE

A Night for Cancer
Partnership and Sponsor Form



Business / Name _____

Contact Name _____ Contact # _____

\$_____ Rally Towel & Banner Sponsor with logo - \$500 (submit logo)

\$_____ Rally Towel & Banner Sponsor - \$250

\$_____ Cash Donation - \$_____

\$_____ Organ Donor or recipient Wall of Honor Donation –
\$10 each

Name	Circle one	Cancer Type
_____	Survivor / Memorial	_____
_____	Survivor / Memorial	_____
_____	Survivor / Memorial	_____

Deadline to respond November 15th

Please make checks to C-F Athletic Booster Club for tax-exempt reasons

C-F Booster Club - Christa Smits
410 E Edgewater Street, Cambria, WI 53923
christasmits@hotmail.com with any questions



Cambria-Friesland Area
CHAMBER of COMMERCE
Working Together.

COMMUNITY EVENTS

November 1-30: American Legion 100th birthday celebrations.

November 2: 6:00 PM "Hillbilly Dinner" at First Presbyterian Church, Cambria. All welcome.

November 3: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

November 6: 6:15 PM Cambria Kiwanis meeting in Community Room.

November 7: 3-5 PM Cambria Community Food Pantry at First Presbyterian Church, Cambria.

6:30 PM Cambria American Legion and Auxiliary Meeting at Community Room.

November 9: CF Rocks Craft Fair 9 AM-2 PM at Cambria Friesland School, concessions & multiple vendors.

November 10: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

November 11: Veterans Day Celebration--Cambria American Legion/VFW programs at Randolph High School 8:15 AM; Randolph Christian School at 9:15 AM; Randolph Nursing Home 10:15 AM, Lunch at Cambria Friesland School at Noon, all veterans and spouses invited and 1 PM program.

November 13:: 10 AM- 11 AM Jane Morgan Library Pre-School Story Time.

November 14: 3-5 PM Cambria Community Food Pantry at First Presbyterian Church.

7 PM Adult Readers Book Club at Jane Morgan Memorial Library.

November 17: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

November 18 to December 13: Jane Morgan Memorial Library Silent Auction Fund Raiser.

November 21: 3-5 PM Cambria Community Food Pantry at First Presbyterian Church.

7 PM Adult Readers Book Club at Jane Morgan Memorial Library.



Cambria-Friesland Area
CHAMBER of COMMERCE
Working Together.

COMMUNITY EVENTS

November 24: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

November 27: 7 PM Thanksgiving Eve Service at First Presbyterian Church. All welcome to give “thanks”.

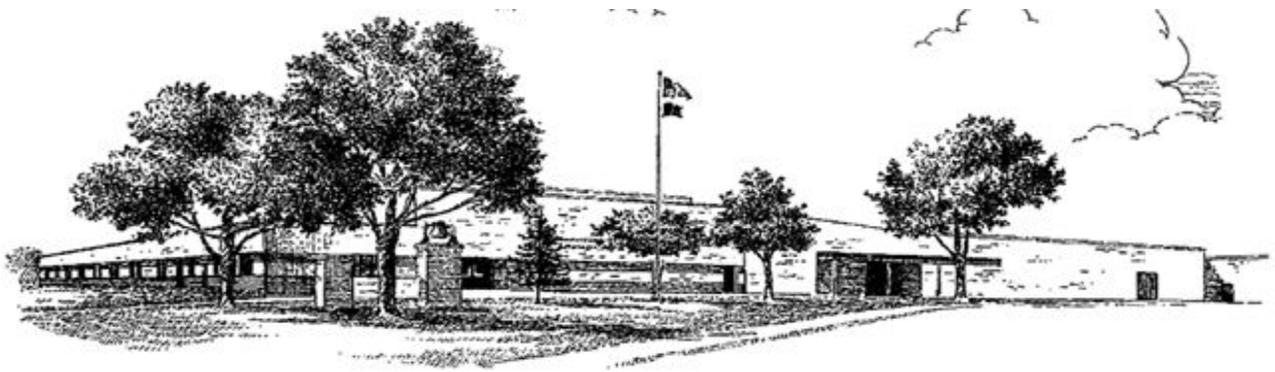
HAPPENINGS AT THE JANE MORGAN MEMORIAL LIBRARY

Facebook.com/JMMLibrary and www.jmml.org

- **Story Time** at the library will be held on Wednesdays throughout the school year at 10 am. Join us on October 9 for stories and activities about Fire Safety Week. Come down and enjoy a story and spend some time exploring “Activity Boulevard” our early literacy area.
- **Children are Fine Free**, there are no longer overdue fines charged for children’s materials. Additionally, any existing fines will be forgiven for juvenile accounts.
- **Thursday Night Readers Adult Book Club** meets at 7:00 p.m. on the third Thursday of each month, titles being discussed include: October 17th An American Family, by Khizr Khan and November 21st The Wife Between Us, by Greer Hendricks and Sarah Pekkanen. Copies are available at the library to check out.
- **Crafting Group** meets on Mondays from 6:00 p.m. until 8:00 p.m. at the library. All ages from youth to adult and all levels of skill are welcome.
- **Ironing and Mending** is done at the library once a month – please talk to us if you would like to take advantage of this service.
- **Coupon Exchange** is available at the library. Feel free to bring in unused or recently expired coupons and take advantage of the organized coupons available at the library. Thank you for your contributions!
- **Annual Silent Auction Fundraiser** will run this year from November 18 through December 13 at 5 pm. Many one of a kind items available for bidding. All money raised will be used to purchase new computers for public use.

Non-Profit Organization
U.S. Postage
Cambria, WI 53923
Permit #2

Postal Customer Cambria, WI 53923



Cambria-Friesland School District
410 E. Edgewater Street, Cambria WI 53923 www.cf.k12.wi.us
District Administrator Timothy Raymond: 920-348-5548, ext. 278
6-12 Principal Debra Torrison: 920-348-5135, ext. 157

Board of Education Information

Rita Woelffer Burmania, President; Daniel DeYoung, Vice-President; Jason Graham, Clerk; Denise Bancroft-Hart, Treasurer; Mark Hoffmann, Member; Marc Berger, Member; Tammy Schepp, Member.

Regular School Board Meetings are usually held on the fourth Monday of the month in the School District Library at 6:00 p.m. Agendas for these meetings are posted at the Farmers & Merchants Union Bank in Friesland, Friesland Post Office, Cambria Post Office, and on the doors of the school entrances.