

Topper Times March 2020

Destination Imagination Members







Forensics

E-sports

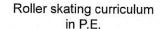






Science Class











Egor Spec

Basketball







Team Spirit

Upcoming Important Dates:

Friday March 20, 2020 - End of Third Quarter March 23 - 27, 2020 - No School - Spring Break

Cambria-Friesland School District March, 2020 Monthly Newsletter

Did You Know?

Research tells us:

- Students who miss 2 to 4 days of school in September are 5 times more likely than those who
 missed less than 2 days to be chronically absent for the year.
- Students who miss 10% of the school or approximately 17-18 days of school struggle with academic proficiencies in comparison to their peers who attend school regularly. In a 9 month school calendar this is an average of 2 days a month the student is absent from school.
- Kindergarten age children who are chronically absent are more likely to have lowest academic performance in first grade.
- Prior to Third Grade, students with poor or chronic attendance issues are less likely to read at proficient levels.

Attendance Counts

As part of the Elementary Schools preparation for our Forward exam we're placing an extra emphasis on our students attendance. Middle and High School age students with chronic attendance issues are more likely to be suspended, have lower graduation rates, and can be linked with teen substance abuse. In short, attendance makes the difference in a student's academic performance and overall well-being. Our parents make the greatest difference and have the largest influence on a child's school attendance. From HealthyChildren.org here are some suggestions to assist in getting a child to school on time and every day:

- Set attendance goals with your child and track your child's attendance on a calendar.
- Help your child get a good night's sleep.
- Prepare for school the night before. Streamlining the morning procedures can make a difference.
- Try to schedule dental or medical appointments before or after school hours.
- Schedule extended trips during school breaks.
- Don't let your child stay home unless he or she is truly sick.
- Talk with your child about the reasons he or she does not want to go to school.
- If your child has a chronic health issue, talk with your pediatrician and your school about developing a school action plan.
- Follow the schools expectations regarding a child's absence. (calls, parent notes, doctor notes, etc.)
- Keep track of your child's attendance and investigate reasons when the days missed add up.

Proud to serve, and proud to be a Hilltopper,

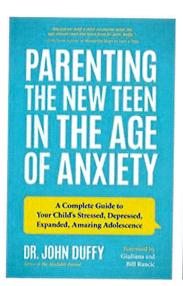
Timothy L. Raymond Ed.S. CFSD Superintendent

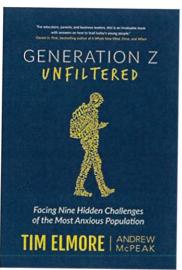
WHAT IS "NORMAL" ANXIETY?

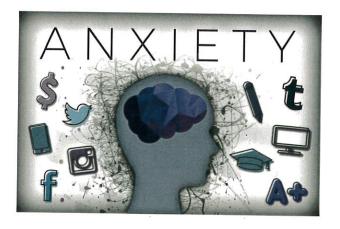
There is a lot of information and concern regarding the heightened levels of anxiety that have become part of the normal landscape our students navigate. This normalization of anxiety has both pros and cons. It does mean that more attention is being drawn to individuals who truly suffer with a mental health condition that impacts their ability to function well in school and at home. There are several types of anxiety disorders that can be truly debilitating to individuals.

However, anxiety is also a normal emotion that is a natural part of life for everyone and being able to cope with this anxiety is a critical life skill. Those with true anxiety disorders may even feel dismissed or belittled when someone experiencing normal, life anxiety says they know what it's like or how they feel.

The American Academy of Pediatrics cited the National Institute of Health statistic that indicates nearly 1 in 3 of all adolescents ages 13-18 will experience an anxiety disorder. Regardless of the causes, this represents a 20% increase over just 5 years prior to the collection of the data. Sometimes, symptoms are disguised within the normal upheaval of adolescence.







Emotional changes, irritability, unexplained outbursts, sleep disturbance, and poor or significant changes in school performance can be normal parts of adolescence or they can be indicators of underlying mental health issues.

Unfortunately, some of the coping mechanisms that teens may turn to are not only unhealthy, they can be dangerous. Both prescription and illicit drugs and alcohol may be abused for the purpose of self-medication to mask or reduce emotional and mental health issues. Because some teens and adults view experimentation during adolescence as normal, they may miss that larger issues are involved and going untreated.

Just as our children are not experiencing the same adolescence that we experienced, we need to recognize that the ways of parenting and teaching that worked well when we were teens, may not work as well with our own children. Telling students to 'grow up' or 'get over it,' may not work; but neither will enabling them or exacerbating their already prevalent anxiety.

What may help is doing some learning ourselves, understanding more about how our children's actual brain development may be different than our own. We need to guide them to healthy methods of coping and managing the anxiety in their lives and also recognize when more mental health support may be needed.

- Debra Torrison, MS/HS Principal

Elementary Counselor Corner

February Character Trait of the Month Friendly

In February, our young hilltoppers celebrated being *friendly*. Students were reminded the importance of politeness and manners. Students were able to recognize opportunities to be friendly and how bringing a positive attitude is the first step to being friendly. Students recognized that being friendly isn't just for others but also our environment and ourselves!

March Character Trait of the Month Inquisitive



Terrific Kids is a character-building program that recognizes students for modifying their behavior. The program encourages kids to become the best version of themselves. Kids determine what being terrific means to them, then develop their own goals and use peer mentoring to hold themselves accountable for the actions they take each week. When a participant achieved their goal, They are recognized for being a Terrific Kid. At Cambria-Friesland Elementary, we recognize students throughout the week and at monthly assemblies who have exemplified the character traits of "Terrific Kids". For more information please go to

https://www.kiwaniskids.org/en/KKids/Resources/TerrificKids.aspx

Warmer Weather Means Get Out and PLAY!

The snow is melting, grass is green, and there are puddles that need to be jumped in. Spring is upon us and days of soaking up the sun and releasing some mood boosting serotonin in your brain. You know what else boosts serotonin? Exercise! The benefits of exercise cannot be understated: improved health, longevity, increased energy, etc. That's not just for adults. We don't always think about the importance of exercise with our students because it seems like they are always moving!

Exercise is good for all of us, adults and children alike, but when we look at how the research on how positive exercise can be for a child (or adult) with ADHD, it's hard to ignore.

A 2019 analysis of 14 studies on ADHD and exercise found that exercise was a major contribution to a significant improvement in anxiety, depression, and aggressive behavior. The study even found a significant positive correlation to exercise and improvements in thought and social interactions for children with ADHD.

Exercise is good and with the sun shining and longer days, it's time to start building those healthy outdoor habits. If you or your child have ADHD, ask your healthcare provider about the benefits of exercise and its effects on attention.

Zang, Y., & Bianco, A. (2019). Impact of physical exercise on children with attention deficit hyperactivity disorders Evidence through a meta-analysis. *Medicine*, 98(46).

Middle/High School Counselor

Reminder to All Seniors - All Local Scholarship Applications are Due Friday March 20th (Before Spring Break).

- Each Scholarship Must Include a Copy of:
 - Application, Resume, Three Letters of Recommendation, Transcript, Two Senior Pictures, Prepared Answers to Questions, and Any Additional/Specific Requirements for Each Scholarship
- Indicate Which of the Local Scholarships You Are Applying For
- Each Scholarship That You Are Applying for Must be in it's Own Envelope

Upcoming Dates:

- Tuesday, March 3rd ACT
- Thursday, March 19th 10th Grade Courage Retreat
- Friday, March 20th Local Scholarship Applications Due
- Friday, March 20th End or the 3rd Quarter
- Wednesday, April 15th Reality Day
- Tuesday, April 21st Madison College Rep Here to Discuss Register Advising Appointments
- Wednesday, May 20th Awards Banquet



Molly Borman
6-12 School Counselor
molly.borman@cambria-frieslandschools.org
920-348-5135 ext. 162

Class of 2020 Valedictorian and Salutatorian

Camber Ebert is the Valedictorian of the Class of 2020 for Cambria-Friesland. The daughter of James and Jennifer Ebert, Camber will graduate with well over the required 26 credit for graduation including 5 full years of Spanish and Advanced Placement courses in Calculus. Chemistry, English, Biology, and US History. With a 5.11 GPA on a 4.0 scale, Camber has gone above and beyond, working hard to meet her academic goals. Camber is also a three season athlete as well as being active with National Honor Society, FBLA, Key Club, Spanish Club, Student Council and Forensics. Camber is planning to attend the University of Wisconsin Madison in the Fall and pursue a career in the medical field.





Valeria Martinez is the Salutatorian of the Class of 2020 for Cambria-Friesland. Valeria will wrap up her senior year with over 30 credits and cumulative GPA of 4.99 on a 4.0 scale. She will have completed 5 years of Spanish and Advanced Placement courses in Calculus, Chemistry, English, Biology, and US History. Valeria has played Volleyball and Basketball for Cambria-Friesland as well as participating in Spanish Club, Key Club, FBLA, Forensics, and National Honor Society. Valeria has been accepted to multiple Universities but has not made her final decision at this time. Valeria also plans to pursue a career in the medical field.



The Cambria-Friesland Elementary School participates in the Kiwanis Terrific Kids award program. The Kiwanis Terrific Kids Program promotes character development, self-esteem, and perseverance. Students are encouraged to practice the character traits of the Terrific Kid, which are: Thoughtful, Enthusiastic, Respectful, Responsible, Inclusive, Friendly, Inquisitive, and Capable.

Each month the school staff will educate the students about one of the character traits.

During the month, the students will participate in activities that develop awareness of each trait. At the end of the month two students from each classroom will be recognized for consistently working at being Terrific Kids. Our goal is to create a school full of Terrific Kids.

The character trait for the month of January was "Inclusive". January Kids' Awards went to:



Pre-Kindergarten

Owen Schwantz, Keighan Sieber, Bryce Smedema, Zada Smull

Kindergarten

Graeson Casillas, Ali'yana Martinez-Villareal, Jeanette Villarreal, Jonathan Winter

First Grade

Justice DeLuca, Chase Kalinowski, Cassie Kratz, Madelyn Taylor

Second Grade

Micah Oft, Kiptyn Quade

Third Grade

Sophie Decker, Dorian Hekate Heather, Nyshjah Jones, Rylan Posthuma

Fourth Grade

Alexis Kampstra, Leanna Krubeck, Christian Kuhn, Lydia Schumacher

Fifth Grade

Lilyana Blease, Gerrit DeBoer, Xochi Krieger-Smith, Alivia Romo

The Character trait for February is "Friendly"

CAMBRIA-FRIESLAND MIDDLE/HIGH SCHOOL

2019-2020 SECOND QUARTER HONOR ROLL

SENIORS

Ujin Batbold* Camber Ebert* Morgan Jones* Makenna Koopmans* Valeria Martinez* Adriel Mendoza* Maxwell Papp* Simon Schrandt* Derek Schumacher* Paige Brandsma Anthony Campbell Samuel Leystra Mason Owen Shelby Potenberg Reed Prochnow Joseph Pulver Maximus Raymond Jacob Schreiber

JUNIORS

Alanah Braaksma* Austin Braaksma* Carmen Briones* Myjah Drews* Gwen Fischer* Emma Gove* Alexis Johnson* Kady Oliver* Jewels Porter-Krieger* Rylee Prochnow* Alyssa Raley* Kobe Smit* Alexander Tenfel* Sydney Wallace* Cade Burmania Eli Lehman Julliana Neal

SOPHOMORES

Benjamin Clark*
Jerardo Olivo*
Haley Olson-Deisinger*
Cooper Schrandt*
Spencer Wiersma*
Tyler Brandsma
Owen Jones
Izabella Sefkar-Sadoski
Jazzlyn Villarreal

FRESHMEN

Lindsay Drews*
Kamber Pekarske*
Taryn Smits*
Charlene Wendt*
Keightlyn Dykstra
Abigail Krubeck
Brady Sanborn

EIGHTH

Devan Senf

Isabella Braaksma*
Ava Gove*
Gwen Hahn*
Sydnie Heller*
Josephine Hoel*
Olivia Kalinowski*
Jenna Pulver*
Samuel Ramirez*
Olive Schrandt*
Isaac DeYoung

SEVENTH

Sarah Behm* Emma Braaksma* Ashton Brusveen* Zakary DeVries* Carter Drews* Madelyn Evans* Alexis Hadden* Karalyn Krubeck* Lilianna Oft* Samantha Raley* Kylie Rimmert* Clara Wendt* Rianna Wiersma* **Xzavyor Dates** Austin Evans Bryce Merwin Devin Merwin Kyra Schoemann Lucas Tenfel

SIXTH

Bryan Gervacio*

Dylan Heller*
Enya Heller*
Ashley Ramirez*
Alexander Raymond*
Zoi Sabol*
Kiana Tietz*
Janell Villarreal*
Jackson Drews
Brock Dykstra
Rowan Gursky
Donna Hollenbeck
Dayton McBride
Brayden Schepp

* denotes GPA of 3.5 or above



Choir Students Represent Cambria-Friesland Schools at UW Milwaukee's Vocal Arts Festival

On Friday, January 31st and Saturday, February 1st, four of our CF choir students, Derek Schumacher, Carmen Briones, Guinevere Fischer, and Eli Lehman had the honor of being

selected to participate in the Vocal Arts Festival hosted by UW Milwaukee. The students spent approximately 7 hours in rehearsal to put together four songs of college quality.

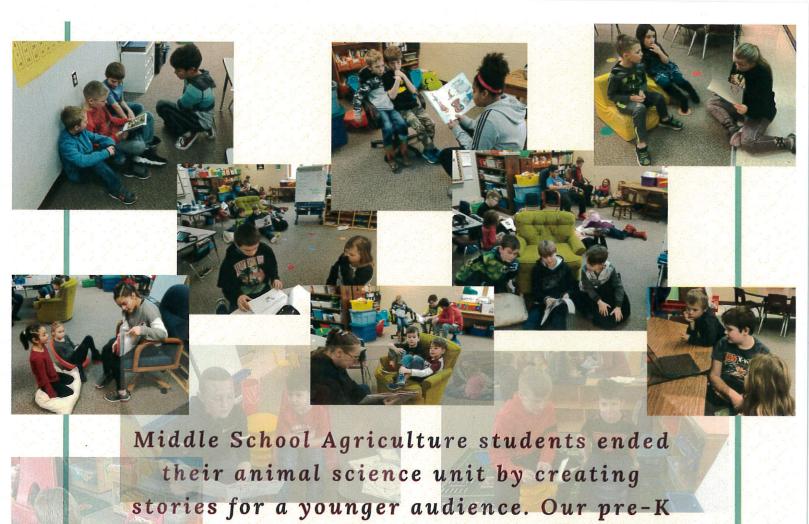
The students were selected based on their merit that they shared on an application to the event. The VAF committee selected approximately 120 students from throughout the midwest to be a part of the day. Dr. Zachary Durlam, head of the vocal department was their director for the concert. A huge congratulations to the four for being selected, as well as giving time to participate.

HS Forensic Team Competes at Trailways Conference Meet

The CFHS Forensic team travelled to Markesan HS on Monday, February 3rd to compete in the Trailways Conference Forensic Meet. The meet consisted of each entry performing in three different rounds for three different judges. Due to not having the required minimum number of entries, the team was not eligible to win the team trophy this year. However, CF did have two individual entries crowned as conference champions in their respective categories that earned an All Conference medal. In Impromptu Speaking, Camber Ebert was the conference champ. Also winning the conference title in Group Interpretive Reading was the group consisting of Alanah Braaksma, Emma Gove, Alexis Johnson, Rylee Prochnow, and Alyssa Raley. Receiving blue ribbons for having scores of over twenty in all three rounds of competition was the Group Interpretive Reading group of Carmen Briones, Kady Oliver, and Sydney Wallace. Receiving a red ribbon for scoring twenty or above in at least two rounds was Taryn Smits in Farrago. Kamber Ebert received a white ribbon for scoring a twenty or above in at least one round in Prose Reading, as did Eli Lehman in Radio Speaking.

The team will begin tournament competition at the Sub-District meet on Monday, February 24th, also being held at Markesan HS this year.





Middle School Agriculture students ended their animal science unit by creating stories for a younger audience. Our pre-K class and first grade classrooms were able to learn about livestock and companion animals, while enjoying some reading time with these fantastic role models.



GAMBRIA-FRIESLAND GOMPUTER APPS GOURSE

WHEN Third Tuesday's 4:30-7:00

WHERE CF High School—Room 116

FEATURING • Creating documents with tables, pictures, Resumes, printing, saving, file merging, excel formulas/ Functions, charts/graphs, creating presentations.

PARENTS GRANDPARENTS DISTRICT RESIDENTS

NO COST

DATES

Third Tuesday of each month - skip December September 2019- May 2020 Time: 4:30-7:30 Location: Room 116 CF High School Sept 17 - Word Oct 15 - Word Nov 19 - Excel Jan 21 - Excel Feb 18 - PowerPoint Mar 17 - PowerPoint Apr 21 - Adobe Illustrator May 19 - Adobe Illustrator

TOPICS:

MS WORD
MS EXCEL
MS POWERPOINT
ADOBE ILLUSTRATOR

BENEFINE

Anyone needing
Knowledge of Microsoft,
Adobe, Resume for jobs,
Computer usage,
Tips & Tricks



ORDER YOUR YEARBOOK IT'S NOT TOO LATE!

The book is done! No more ads are being taken.

Price good thru 3/31! \$50.00

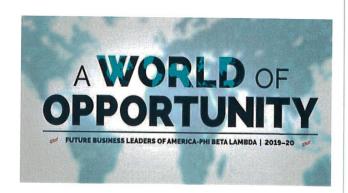
Contains Freshman through Seniors

Personalization and icons are no longer available



ENTER YOUR INFORMATION	
Student/family Name:	Grade:
Contact Email:	
Contact Phone:	
Number of yearbooks ordered:	
Total Due (\$50.00 each):	
Total: \$	
Check should be make out to: Cambria School District	

FUTURE BUSINESS LEADERS OF AMERICA



Regional Leadership Conference - February 1, 2020

FBLA was well represented at Waterloo Saturday, Feb 1. Student results were: Julliana Neal Accounting 2, 6th place, Yvette Martinez Advertising, 8th place, Paige Brandsma Business Ethics, 4th place, Adriel Mendoza Cyber Security, 6th place, Katie Clark Database Design, 1st place, Camber Ebert Impromptu Speaking, 2nd place, Emma Gove Journalism, 7th place, Jerry Olivo and Spencer Wiersma, Social Media Campaign, 3rd place, Alexis Johnson, spreadsheet applications, 2nd place, Abbi Schwark, Word Processing, 5th place. Katie, Alexis, Camber, Jerry & Spencer advance to State in March in Madison at the Alliant Energy Center. Congratulations to all.



Cambria-Friesland Future Business Leaders of America participants in Regional Leadership Conference in Waterloo.

Script orders are due the first Friday of the month by noon. Scrip helps FBLA members fund conferences, training, travel and outings throughout the year. You don't have to wait til then. You can order anytime. Simply create your own account at https://shop.shopwithscrip.c om/ and use our enrollment code: 1EDF7B973799L. Next order is due March 6, 2020.

Upcoming dates to remember:

State Leadership Conference: March 30-31 - Madison Drive For Your School: April 2020 National Leadership Conference: June 28-July 2, 2020 - Salt Lake City, Utah

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Cambria-Friesland SCRIP Order Form

ORDERS ARE DUE BY THE FIRST FRIDAY OF EACH MONTH at school. Proceeds of your purchase is shown in the % column and donated to the FBLA. Contact Lorri Arnce at 348-5548 (ext: 116).

Name	Customer#
Check #	Order Date

Product % QTY Total Aeropostale \$25.00 10% \$ Amazon.com \$100.00 2.25% \$ Amazon.com \$25.00 2.25% \$ AMC Theatres \$25.00 8% \$ AMC Theatres Single Ticket \$10.00 10% \$ AMC Theatres Single 10% \$	
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Arby's \$10.00 8% \$	
AutoZone \$25.00 8% \$	
Banana Republic 14% \$ \$25.00	
Barnes & Noble \$10.00 8% \$	
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Bath & Body Works 12% \$ \$10.00	
Bath & Body Works \$25.00 \$	
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Best Buy \$25.00 4% \$	
Binny's Beverage Depot \$ \$100.00 \$	
Binny's Beverage Depot 3% \$ \$25.00	
Blimpie \$10.00 11% \$	
Bob Evans 10% \$ Restaurants® \$10.00	
Bonefish Grill \$25.00 8% \$	

Product	%	QTY	Total
Boston Market \$10.00	12%		\$
BP \$100.00	1.5%		\$
BP \$50.00	1.5%		\$
Bruegger's Bagels \$10.00	7%		\$
Buckle \$25.00	8%		\$
Buffalo Wild Wings® \$10.00	8%		\$
Buffalo Wild Wings® \$25.00	8%		\$
Build-A-Bear Workshop \$25.00	8%		\$
Burger King \$10.00	4%		\$
Burlington \$25.00	8%		\$
Cabela's \$100.00	10%		\$
Cabela's \$25.00	10%		\$
Caribou Coffee \$10.00	6%		\$
Carl's Jr. \$10.00	5%		\$
Cenex \$25.00	3%		\$
Chili's Grill & Bar \$25.00	11%	***************************************	\$
Chili's Grill & Bar \$50.00	11%		\$
Chipotle Mexican Grill \$10.00	10%		\$
Chuck E. Cheese's \$10.00	8%		\$
Claire's \$10.00	9%		\$
Cold Stone Creamery \$10.00	11%		\$
Columbia Sportswear \$50.00	12%		\$
Cousins Subs \$10.00	9%		\$
Cracker Barrel \$10.00	8%		\$
Cracker Barrel \$25.00	8%		\$
Cub Foods \$25.00	4%		\$
CVS Pharmacy \$25.00	6%		\$
Dairy Queen \$10.00	3%		\$
Dave & Buster's \$25.00	13%		\$
Denny's \$10.00	7%		\$
Dick's Sporting Goods \$100.00	8%		\$
Dick's Sporting Goods \$25.00	8%		\$
Domino's \$10.00	8%		\$

Product	%	QTY	Total
Domino's \$25.00	8%		\$
DSW (Designer Shoe Warehouse) \$25.00	8%		\$
Dunkin' Donuts \$10.00	3%		\$
Dunkin' Donuts \$25.00	3%		\$
Einstein Bros. Bagels \$10.00	10%		\$
Express \$25.00	10%		\$
Famous Footwear \$25.00	8%		\$
Fandango \$25.00	4%		\$
Fannie May Candies \$10.00	25%		\$
Fazoli's \$25.00	9%		\$
Festival Foods (WI) - Skogens \$25.00	3%		\$
Festival Foods (WI) - Skogens \$50.00	3%		\$
Finish Line \$25.00	10%		\$
Fleet Farm \$100.00	3.5%		\$
Fleet Farm \$25.00	3.5%		\$
Foot Locker \$25.00	8%		\$
GameStop \$25.00	3%		\$
Gap \$25.00	14%		\$
GNC \$25.00	8%		\$
Groupon.com \$25.00	7%		\$
Hallmark \$25.00	4%		\$
Hardee's \$10.00	5%		\$
Harry & David \$50.00	12%		\$
Home Depot \$25.00	4%		\$
HomeGoods \$25.00	7%	***************************************	\$
IHOP \$25.00	8%		\$
iTunes \$15.00	5%		\$
iTunes \$25.00	5%		\$
J. Crew \$25.00	13%		\$
Jack in the Box \$10.00	4%		\$
Jamba Juice \$10.00	6%		\$
JCPenney \$25.00	5%		\$
Jiffy Lube \$30.00	8%		\$
Jo-Ann Fabric and Craft Stores \$25.00	6%		\$

Make Checks Payable To:

Cambria-Friesland School District

Total Due All Columns:

\$

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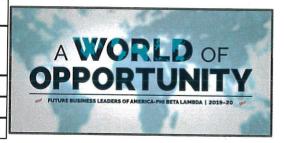
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Product	9/	QTY	Total
Papa Murphy's Pizza \$10.00	8%	5	\$
PetSmart \$25.00	5%	,	\$
Pick 'n Save (WI only) \$25.00	4%	,	\$
Pick 'n Save (WI only) \$50.00	4%		\$
Pier 1 Imports \$25.00	9%		\$
Piggly Wiggly (WI, IL only) \$100.00	3%		\$
Piggly Wiggly (WI, IL only) \$25.00	3%		\$
Piggly Wiggly (WI, IL only) \$50.00	3%		\$
Pizza Hut \$10.00	8%		\$
Pizza Ranch \$25.00	8%		\$
Pizzeria Uno \$25.00	12%		\$
Potbelly Sandwich Shop \$10.00	8%		\$
Qdoba Mexican Grill \$25.00	7%		\$
Red Lobster \$25.00	8%		\$
Red Robin \$25.00	8%		\$
REI \$25.00	8%		\$
Roundys (IL and WI only) \$50.00	4%		\$
Ruby Tuesday \$25.00	8%		\$
Ruth's Chris Steak House \$50.00	10%		\$
Sally Beauty \$25.00	12%		\$
Sam's Club \$50.00	2.5%		\$
Speedway \$25.00	4%		\$
Staples \$25.00	5%		\$
Starbucks \$10.00	7%		\$
Starbucks \$25.00	7%		\$
Steak 'n Shake \$10.00	8%	INTERNATION OF THE PARTY OF THE	\$
Subway Restaurants \$10.00	6%		\$
T.J. Maxx/Marshalls/HomeG oods/Sierra Trading Post \$25.00	7%		\$
Taco Bell \$10.00	5%		\$
Target \$10.00	2.5%		\$
Target \$25.00	2.5%		\$

Product	%	QTY	Total	
Target \$50.00	2.5%		\$	
Texas Roadhouse \$25.00	8%		\$	
TGI Fridays \$25.00	9%		\$	
The Home Depot \$25.00	4%		\$	-
ULTA \$25.00	4%		\$	
Under Armour \$25.00	11%		\$.	
Uno Pizzeria & Grill \$25.00	12%		\$	
Visa Five Back Gift Card \$50.00	1.25%		\$	
Walgreens \$100.00	5%		\$	
Walgreens \$25.00	5%		\$	
Walmart \$100.00	2.5%		\$	_
Walmart \$25.00	2.5%		\$	_
Walmart \$50.00	2.5%	***************************************	\$	_
Wendy's \$10.00	6.5%	***************************************	\$	-





February and March Junior Kiwanis - Samuel Leystra & Abbigail Schwark

Samuel Leystra was February's Junior Kiwanis. Sam has been involved in athletics in and out of school his entire high school career including football, basketball, and baseball. Sam has played on school baseball teams as well as Legion baseball teams. He has also gotten involved by becoming a referee for younger kids' games. He is a strong member of the Cambria-Friesland Choir and shares his talents with his church as well. Besides singing, he does yard work for the church and is a Sunday school assistant. He's well known within the community for helping to shovel walks and do odd jobs for people who need help. Samuel also represented Cambria-Friesland at Badger Boys State.





Abbigail Schwark is March's Junior Kiwanis. Abbigail is a three season athlete who does double duty in the Spring by both playing golf and shooting trap for the school teams. She has been an active member of the RCF FFA including holding an officer position and has had significant success in FBLA. This year she also achieved Microsoft Office Specialist certification in both Word and Excel. She continues work with 4H, is the Columbia County Livestock Committee Secretary, and a member of the Red Angus Association. Through both school and community organizations, Abbigail has helped at a significant number of community service events. She has been a part of everything from highway clean-up and planting flowers at the Continental Manor to serving and cleaning for the FFA Alumni Breakfast and working many aspects of the Columbia County Fair.

Hilltopper Cafe News March 2020

Friday Pizza!!!!!!

Friday Pizza For February turned out to be a great hit. We started out with Bacon Cheeseburger Pizza and the kids loved it. We loved making this homemade pizza and look forward to making these again.

Cheeseburger for Lunch!!

Cheeseburger and french fries for lunch is always a great day. We also like to offer ketchup, mustard, lettuce, onions, mushrooms tomato slice, and a pickle to add some flavor.

Spring Break

Spring break is quickly approaching and there are so many things we will all be doing. Keep in mind to eat a well balanced meal being sure to eat meat, whole grains, fruits and vegetables at your meals. Eating healthy will give you more energy to do the things you love to do. Have a great break and we will see you Monday March 30th, for breakfast





Proud to be Cambria-Friesland Hilltoppers

Ellen, Dede, Sandra and Caitlin



Hilltopper Cafe Breakfast Menu – March 2020					
Monday	Tuesday	Wednesday	Thursday	Friday	
2. Egg and Cheese Breakfast Pizza Juice/Fruit/Milk	3. Ham/Egg/Cheese Patty Juice/Fruit/Milk	4. Long Johns Cheese Stick Juice/Fruit/Milk	5. Banana Split Juice/Fruit/Milk	6. French Toast Sticks Sausage Juice/Fruit/Milk	
9. Breakfast Pizza Juice/Fruit/Milk	10. Ham/Egg/Cheese Patty W/G Toast Juice/Fruit/Milk	11. Breakfast Slider Juice/Fruit/Milk	12. Glazed Donut Cheese Stick Juice/Fruit/Milk	13. French Toast Sticks Sausage Juice/Fruit/Milk	
16. Yogurt Parfait Juice/Fruit/Milk	17. Breakfast Pizza Juice/Fruit/Milk	18. Long Johns Cheese Stick Juice/Fruit/Milk	19. French Toast Sticks Sausage Juice/Fruit/Milk	20. Muffins Cheese Stick Juice/Fruit/Milk	
23.	pring l	Break f	lave Fu	27.	
30. Donut Holes Juice/Fruit/Milk	31. Breakfast Slider Juice/Fruit/Milk				
WG = Whole Grain Cereal, Cereal Bars, Bug Bites, Fruit/Juice, and Milk are offered daily as a second choice for Breakfast.					

Adult = \$2.25 per meal.

Menus are subject to change

Supersize = \$1.35

Breakfast Prices: PK-12 = \$1.75 per meal.

(This institution is an equal opportunity provider.) Fresh fruit & vegetables are offered daily. Hilltopper Cafe Lunch Menu - March 2020 Monday Tuesday Wednesday **Thursday** Friday Baked Potato & Toppings Spaghetti Chicken Nuggets Sloppy Joe Cheese Quesadilla Pizza Dippers Ham Rice Smiley Potato Refried Beans/Corn Carrots Broccoli Green Beans Fresh Veggies Pineapple **Applesauce** Mandarin Oranges Pears Peaches 10. 11. Nachos Soup Popcorn Chicken or Mini Corn Dogs Flatbread Pizza Lettuce/Cheese/Tomato Toasted Cheese Sweet n Sour Chicken Creamy Noodles Salad/Peas Corn/Refried Beans Fresh Carrots Rice/ Egg Roll Green Beans Pineapple Pears Peaches Broccoli/Asian Veggies Fruit Cocktail Mandarin Oranges 18. 20. Chicken Pasta Bake Chicken Fajitas Cheeseburger W/G Bun Chicken Patty W/G Bun Bacon Cheeseburger Pizza W/G Bread Stick Refried Beans French Fries Mashed Potato Salad/Peas Broccoli Corn Green Beans Glazed Carrots Pineapple Peaches Pears Mandarin Oranges Fruit Cocktail 23. 24. 30. Tacos Mini Corn Dogs Refried Beans/Corn Creamy Noodles Peaches Green Beans Mandarin Oranges *All meals are served with milk. Menus are subject to change.

Lunch Prices: Grades PK-5 = \$2.80 Grades 6-12 = \$2.95 Adult = \$3.85

Upcoming Events

March 2

4K Family Fun Day - Dr. SEUSS Birthday (9:30 AM - 11:00 AM) 4K Family Fun Day - Dr. SEUSS Birthday (1:45 PM - 3:20 PM)

Forensics - HS Parents Night 7:00 PM

March 3

Drivers Education (6:30 PM - 8:30 PM)

March 4

Girl Scout Meeting (3:30 PM - 4:30 PM) Room 135 C-F Booster Club Meeting (7:00 PM - 8:00 PM)

March 5

Drivers Education (6:30 PM - 8:30 PM)

March 9

Kids Heart Challenge Kick-Off 8:30 AM 4-H Crochet project meeting (3:30 PM - 4:30 PM) Room 135 HS Forensic District Competition at DeForest (4:00 PM)

March 10

Drivers Education (6:30 PM - 8:30 PM)

March 11

Girl Scout Meeting (3:30 PM - 4:45 PM) Room 135 Drivers Education (6:30 PM - 8:30 PM)

March 14

Late Solo & Ensemble @ Cambria - Friesland

March 17

4th Grade Field Trip to Madison Community Computer Class (4:30 PM - 7:00 PM) MS/HS Festival Concert (7:00 PM - 8:00 PM)

March 18

Girl Scout Meeting (3:30 PM - 4:30 PM) Room 135

March 19

10th Grade Courage Retreat (9:00 AM - 2:30 PM)

March 20

End of Quarter 3

Staff vs Senior Basketball Game (2:00 PM - 3:00 PM)

March 23

No School - Spring Break

March 24

No School - Spring Break

March 25

No School - Spring Break

March 26

No School - Spring Break

March 27

No School - Spring Break

March 30

State FBLA Leadership Conference in Madison School Board Meeting (6:00 PM - 7:00 PM)

March 31

State FBLA Leadership Conference in Madison

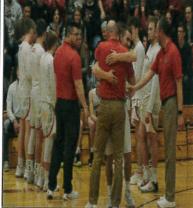
Softball: Varsity Game (5:00 PM) Fall River High School Opponent: Away, Fall River

find us on facebook.

follow us twitter

Check out our webpage: www.cf.k12.wi.us











<u>Basketball</u>







Forensics Members





adia

Assembly for FORWARD TEST





Kids Heart challenge kick off:

March 9th there will be an assembly at 8:30 a.m. in the elementary gym for students to kick off this years jump rope for heart fundraiser. Your student will receive all the information needed and talk about the importance of helping others in need. All donations and envelopes are due back April 2nd. Thank you for all the great support we have had for this event in the past, every little bit helps to save lives.

Thanks, Mr. Buechel



The Senior vs Staff Basketball Game April 3rd at 2:00 p.m.



The biggest event of the year is quickly approaching. It is time for the ultimate showdown between students and staff. The Senior vs Staff basketball game will be held **April 3rd** in the high school gym starting at **2:00 p.m.** Please join us for this epic event and may the best team win.

INCLEMENT WEATHER

Announcements concerning school closings in the event of bad weather or severe road conditions will be broadcast on the following radio/television stations:

WBEV – Beaver Dam 1430 AM WDDC – Portage 100 FM WXRO – Beaver Dam 95.3 FM WISC TV – Madison Channel 3 WOLX – Madison 94.9 FM WKOW TV – Madison Channel 27 WPDR – Portage 1350 AM

If school is cancelled or delayed due to inclement weather an AlertSolutions message will be sent out. School cancellations or delays will be made as early as possible.

PARENTS: Please have an alternate plan of action for your younger children as to where to go if you are not home in case of school dismissal earlier than scheduled. During snowy days buses will also be starting out five (5) minutes earlier in the A.M.

CHILDREN: Do dress warm for the winter season. Unless extreme weather conditions exist, you will be going outside during recess.

IF SCHOOL IS DELAYED FOR TWO (2) HOURS OR MORE, MORNING EARLY CHILDHOOD/PRE-KINDERGARTEN CLASSES WILL NOT BE HELD. IF THERE IS AN EARLY RELEASE, AFTERNOON PRE-KINDERGARTEN CLASSES WILL NOT BE HELD.

MSHS ANNOUNCEMENTS

If you are interested in receiving the MSHS announcements daily please email Pam Hendrickson at pam.hendrickson@cambria-frieslandschools.org and you will receive daily announcements via email. Please call Pam with any questions at 348-5135 ext. 158.

PowerSchool Student Information System



Parents and students are encouraged to access PowerSchool to keep current with grades, attendance, and daily announcements. To log onto PowerSchool, go to the Cambria-Friesland website, www.cfsdwi.org, and on the menu bar click on community items and PowerSchool is located on the left side of the page about half way down.

If you need help logging on or have questions regarding PowerSchool, please contact Pam Hendrickson in the school office at 920-348-5135, ext. 158. Mrs. Hendrickson will also be able to provide you with your PowerSchool ID and password information.

ASPEN FAMILY COUNSELING

There is a mental health therapist in your school every week. (Aspen Family Counseling is a provider for most insurance companies.)



Is your child experiencing: Concentration problems? Behavior issues? Trouble getting school work done? School attendance problems? We can help your child: *Improve their mental health, * Be absent from school less, *Have more academic success, *Improve their physical health.

Contact Aspen at 1-608-742-5020, your child's teacher, or the school counselor, if you would like your child to see a mental health therapist during school hours.

Absence Reminder

Please contact the office, at extension 4, to call in a child's absence. If you would like to leave information for your child's teacher regarding your son/daughter's absence, please do that IN ADDITION to calling the office to report that your child will not be in. If your child rides the bus please call Smith Bus to inform them as well at #608-429-2732, or email: smithbus3@frontier.com. Thank you.

Label Personal Items

Parents, please remember to label your child's lunch box, pencil bags, coats, ect., to help in identifying lost or misplaced items. Thank you.

Bus Reminder

If your child is not riding the bus in the morning, please call prior to 6:30 a.m. and leave a message at Smith Bus 608-429-2732 or email: smithbus3@frontier.com

EMPLOYMENT OPPORTUNITIES

The Cambria-Friesland School District is looking to fill some positions. Interested candidates please submit a cover letter, resume, and application www.cf.k12.wi.us to Debbie Merwin, 410 E. Edgewater Street, Cambria, WI 53923. For further information please call 920-348-5548, ext. 278.

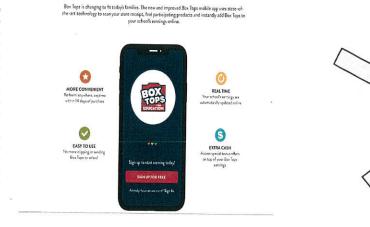
- Substitute Teaching Staff
- Substitute Para-professional Staff

Smith Bus

Bus Drivers Needed: Interested in driving bus? Contact Nicole at Smith Bus #608-429-2732 or email her at smithbus3@gmail.com

The New Generation of Box Tops for Education

General Mills has made it even easier to support our school! All you need is the Box Top app and your receipt with General Mills purchase and our school receives your support!





EARN FOR YOUR SCHOOL NOW.

You may apply for **Open enrollment** from **February 3-April 30, 2020**

What is Public School Open Enrollment?

Wisconsin's inter-district public school open enrollment program allows parents to apply for their children to attend a school district other than the one in which they live. Applications may be submitted to up to three nonresident school districts.

Who may participate in open enrollment? Pupils in 5-year-old kindergarten to grade 12 may apply to participate in open enrollment.

Open enrollment for prekindergarten, four-year-old kindergarten and early childhood education is limited. Parents should call their resident school districts to find out if their preschool-aged children qualify for open enrollment.

How and when may parents apply?

The open enrollment application period for the 2020-21 school year is from February 3-April 30, 2020. The application period closes at 4:00 p.m. on April 30, 2020. Late applications will not be accepted for any reason.

Parents may apply online at https://dpi.wi.gov/oe.

Can I apply to a virtual charter school under open enrollment?

A pupil may only open enroll to an online/virtual school if: (1) the school has been created as a virtual charter school that meets the requirements of the charter school law [Wis. Stats. 118.40 (8)] or (2) the pupil is required to physically attend school in the nonresident school district every day that school is in session. Other important things to know about applying to virtual charter schools:

- A virtual charter school is not homeschooling. Pupils attending virtual charter schools are public school pupils.
- You must know the nonresident school district in which the virtual charter school is located. If you have any questions about this, call the virtual charter school
- You must know your resident school district in order to apply.
- A list of virtual charter schools may be found at https://dpi.wi.gov/sms/charter-schools/virtual-charter-schools.

Can an application be rejected?

Yes. Nonresident school districts may deny an application if regular or special education space is not available for the pupil; special education or related services are not available; or if the pupil has been referred for special education evaluation but has not yet been evaluated. Nonresident school districts may also deny an application if the pupil has been expelled during the current or preceding two years for certain violent conduct or if the pupil was habitually truant from the nonresident school district during any semester in the current or previous school year.

If there are more applications than spaces, pupils must be selected randomly, after giving preference to pupils already attending school in the nonresident school district and siblings of currently-attending pupils.

Some school districts establish waiting lists to fill unused spaces, but others do not.

Can a resident district prevent a pupil from leaving?

Yes, in limited circumstances. A resident district can deny a pupil's application for an invalid application (early or late application or missing information), ineligibility due to age (too young or too old), or if the resident district does not offer the same type of prekindergarten, four-year-old kindergarten, or early childhood program as the nonresident district or the pupil is not eligible for the program in the resident district. These are also reasons that a nonresident district can deny an application.

Can parents appeal if an application is denied?

Parents whose applications are denied may appeal to the DPI within 30 days of the denial. State law requires the DPI to uphold the school district's decision unless DPI finds that the decision was arbitrary or unreasonable. The DPI's decision may be appealed to circuit court.

Must pupils reapply every year?

Once a pupil is accepted into a nonresident school district, the pupil may continue to attend that district without reapplication except that:

- The nonresident district may require a pupil to reapply one time-at the beginning of middle school, junior high or high school.
- A pupil may be returned to the resident school district if the special education required in a new or revised IEP is not available in the nonresident district or there is no space.
- A pupil who has become habitually truant in the nonresident district may be returned to the resident district.

Is there a cost for parents to participate in the open enrollment program?

There is no tuition cost to parents for participation in open enrollment. Parents of open enrolled pupils may be charged the same fees as resident pupils.

Who is responsible for transportation? Parents are responsible for transporting their children to and from school.

If transportation is required in the IEP for a child with a disability, it must be provided by the nonresident district.

School districts *may* provide transportation to open enrollment pupils if they wish. Usually, if transportation is provided, parents must transport the pupil to a location in the nonresident district.

Low-income parents may apply to the DPI at the end of the school year for partial reimbursement of their transportation costs.

2020-21 School Year Full-Time, Inter-District Open Enrollment In Wisconsin Public Schools

(Information for Parents)
Wisconsin Department of Public Instruction
Carolyn Stanford Taylor, State Superintendent

Can a parent select a specific school in the pupil's nonresident school district?

Yes. A parent may request a specific school or program in the nonresident district. However, assignment to the requested school or program *is not guaranteed* and your pupil may be assigned to a different school other than the one requested. It is up to each nonresident district to determine a pupil's school assignment.

Can an open enrolled pupil participate in sports and other extra-curricular activities in the nonresident school district?

Open enrolled pupils have the same rights and responsibilities as resident pupils.

Inter-scholastic athletics are governed by the Wisconsin Interscholastic Athletic Association (WIAA), which has rules concerning transfer pupils. Parents should check with the school district's athletic director about eligibility.

Important open enrollment dates

February 3 - April 30, 2020 - Parents must submit applications online or directly to the nonresident school district.

June 5, 2020 - Nonresident school districts must mail notices of approval or denial. If the application is approved, the school district must notify the parents of the specific school or program to which the pupil is assigned. If the application is denied, parents have 30 days to file an appeal.

June 12, 2020 - Resident district must notify applicants if the application is denied. If the application is denied, parents have 30 days to file an appeal.

June 26, 2020 - Parents of accepted applicants must notify the nonresident district if the pupil will attend the nonresident district in the 2020-21 school year. If the parent fails to make this notification, the nonresident district may refuse to allow the pupil to attend the district.

For more information contact:

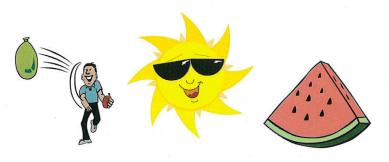
Public School Open Enrollment Program Wisconsin Department of Public Instruction P.O. Box 7841, Madison, WI 53707-7841

Toll-free: 888-245-2732, option 2 Email: openenrollment@dpi.wi.gov Website: https://dpi.wi.gov/oe

Wisconsin Department of Public Instruction 2020-21

The Wisconsin Department of Public Instruction does not discriminate on the basis of sex, race, color, religion, creed, age, nation origin, ancestry, pregnancy, marital status, or parental status, sexual orientation, or disability.





The Summer School Program will begin on Wednesday, June 10, 2020 and end on Wednesday, July 1, 2020.

Classes will run Monday through Friday with three sessions each day.

Summer School Daily Sessions:

• Session I:

8:15 a.m. - 9:15 a.m.

o Supervised Break: 9:15 a.m. - 9:30 a.m.

• Session II:

9:30a.m. - 10:30 a.m.

o Supervised Break: 10:30 a.m. - 10:45 a.m.

Session III:

10:45 a.m. - 11:45 a.m.

Classes are filled on a first come/first serve basis. Classes may be cancelled due to low enrollment, and are subject to change. There is a maximum of 18 students per class session, unless stated otherwise within the class description. The registration deadline is Friday, May 26, 2020

Bus pick-up/drop-off:

Bus pickup/drop off will be available at the Randolph Town Hall in Friesland. Pick up will be approximately 8:00 am and drop off approximately 12:00 pm. Wednesday's will be presentations in the park from 12-1pm. Presentations are sponsored by the Cambria-Friesland School District in Cooperation with The Jane Morgan Library. Bus drop off will follow the show on those days.

ALL Students will receive snacks every morning!

If you have questions about the summer school program, please contact Mr. Tramburg at 920-348-5548, ext. 120 or email wyatt.tramburg@cambria-frieslandschools.org

NEW THIS SUMMER: At the end of Summer School help us kick off the official start of summer! Water balloons, a giant slip and slide, squirt guns, and more! Be prepared for an afternoon of splishing n' splashing and a chance to drench Mr. Tramburg with water balloons! Bonus balloons will be awarded for students that attend both on the first day of summer school and on the last day.

Enrollment is based upon the Grade your child will enter this fall!



Getting Ready for School (Robin Kasparek): This class will give students an opportunity to meet their teacher and new friends prior to starting 4K in the fall. Students will participate in play-based activities, create simple art projects, and participate in storytime and large group activities. This class will run from **8:15am-11:45am**. *Maximum of 12 students*Grade 4K

Let's Go To School (Amanda Krueger): This class is designed for children entering kindergarten. Meet friends, listen to stories, complete projects, and find out what kindergarten is all about! Grade K

Magic School Bus Science (Amanda Krueger): This exciting course will have the kids doing experiments, activities, and projects related to each theme. Along with learning new concepts and vocabulary, the students will also work on their problem-solving skills. Themes will cover Dinosaurs, rocks/volcanoes, the human body, and bugs. *Maximum of 12 students* Grades K-3



Math Wizards (Jayne Grahn): This class will refresh, expand, and reinforce basic math skills through hands on learning using interactive games, ipad/computer apps, and cooperative activities. Grades K-1; Grades 2-3

Lego Land: (To Be Determined) Students will complete daily challenges and build creatively using little instruction to encourage development of problem solving. The teacher watches students as they come up with their solutions and will provide as much or as little instruction as needed for the child to have an enjoyable experience. *Maximum of 10 students*

Grades K-2; Grades 3-5



FUN Science! (Jeanette Mendoza): Get ready to explore! Come experience fun hands-on science experiments and discover how science is all around you. *Maximum of 15 students per session* Grades K-2; Grades 3-5

Puzzling Puzzles (Ellen Richter): Students will use their reading comprehension skills and develop logical reasoning abilities to solve a wide variety of puzzles (i.e. jigsaw puzzles, sudoku, crossword puzzles, tangrams, codes, board games, riddles, etc.) appropriate to each student's ability level. *Maximum of 12 students*Grades K-8





Comicon Workshop (Tim Raymond, Élora Flack and Amy Drews): Are you interested in learning the history of comics? Do you like to read comics for fun? Would you like to draw your own comics? Then we have a workshop for you! *The workshop will run from 12:15-2:15 pm. ENROLLEES ARE RESPONSIBLE FOR THEIR OWN TRANSPORTATION HOME AFTER COMICON WORKSHOP.* Maximum of 15 students per workshop.

Grades K-4; Grades 5-12

Drop the Hook (Tyler Lindert & To Be Determined) Explore fishing fundamentals from baiting to casting to removing a fish from your hook! Learn survival skills and enjoy some fun fishing time. Your own fishing pole is required. Grades K-3; Grades 4-12

Mindful Movement: (Mary Judkins) Students will learn about making healthy choices in order to take good care of themselves. This class will guide students to explore yoga, meditation, and mindfulness activities which can help them learn to relax, focus, and express their creativity. Please wear soft, comfortable clothing that does not have zippers, snaps, buckles, belts, etc. *Maximum of 12 students* Grades K-2; Grades 3-5, Grades 6-12



Summer Reading Adventures: (Jayne Grahn): This class is designed to encourage reading during the summer months. Your child will have the opportunity to explore and read a variety of books of his or her choosing. We will take weekly trips to the Jane Morgan Memorial Library to check out books. *Maximum of 12 students* Grades 1-5,

Get Your Read On! (Carla Woebbeking): This class has been specially designed to meet the needs of students who need additional support in grade level reading. (Teacher recommendation required)
Grades 1-8



Dinosaurs, Dinosaurs (Stu Quade): The course will take a close up look at the different types categories of dinosaurs (carnivores, herbivores, omnivores) the different habitats that the dinosaurs lived in (land, sea, air) and what life may have been like in the time they roamed the Earth. *Maximum of 12 students*Grades 1-2

As the Ball Bounces (Stu Quade): This class promotes physical activity along with cooperative play and problem-solving. In addition to participating in physically active games, students will discuss the benefits that result from regular physical activity. Students will be given the opportunity to learn new games and work with new friends. Grades 1-2

Kids in the Kitchen (Shelley Adel): Students will enjoy doing various activities related to preparing food and selecting healthy food. A variety of foods will be made using different types of equipment. Emphasis will be on safety in the kitchen. Students will sample what they make. *Maximum of 16 students per class (3 sections)* Grades 1-8

Recycled Art (Kristen Smedema): Ever wonder how you can turn an old shirt into a neat bag? Interested in turning old pop-top tabs into a cool bracelet? This class is for you! We are going to create some awesome projects using recycled materials and items you can find around your house! Grades 2-6

Horses, Horses (Ellen Richter): Students will study one of Earth's most amazing creatures, the horse through history, literature, applied mathematics, cooking/baking, games, guest speakers, and more. No prior experience with horses necessary, nor do you have to have a horse to participate in the class. *Maximum of 12 students*

Grades 2-8



Carnival Games (Julie Henrickson): In this class, students will design, create, build and test out carnival games that will be included in the Park Days celebration in August. Students and their families will also have the opportunity to run their games during Park Days for our community. All proceeds from the games will go to the Cambria Park Committee as they work to improve Tarrant Lake Park.

Grades 3-5, Grades 6-8, Grades 9-12

Basketball Fundamentals (Stu Quade): Students who take this class will learn/improve the fundamentals of basketball including dribbling, shooting, defense, rebounding, etc. Grades 3-5



Pebble Art (Deb Levey): We will have lots of fun making stones into bugs, cats, sayings, scenes and works of art. *Maximum of 12 students*Grades 3-8



Football FUNdamentals (Tyler Lindert): This course is designed to improve everyone's ability to properly throw and catch a football. The course will be a combination of drills and instruction as well as flag football tournaments.

Grades 4-8



MATH Zone! (Jeanette Mendoza): Welcome to MATH ZONE! In this class you will review and reinforce math skills through hands-on practice and math games. (Teacher recommendation preferred.) (max 15 students) Grades 4-5

Be a Broadway Star (Carla Woebbeking & Bob Kuhnz): The students will participate in a musical which they will perform the last Tuesday of summer school. Rehearsal with the acting, blocking, set design and music will take place with Mrs. Woebbeking and Mr. Kuhnz during the scheduled class period. Students will work individually on their songs with Mr. Kuhnz at a time arranged with you. Tryouts will be in May. Musical will be performed on June 30th in Tarrant Park. *Maximum of 30 students*Grades 4-9

Painting on Glass (Deb Levey): Students learn by taking plates, cups, glasses and jars and turning them into beautiful keepsakes using acrylic paint. Students will be taught technique and brush handling as well as how to preserve their work. *Maximum of 12 students*Grades 4-8

Funky Mixed Media Collage (Nina Bellanti-Johnson): Students will create unique and fun pieces of art by combining a variety of materials, ar processes, and techniques. We will be using acrylic paint, oil pastels, photos, a variety of fun papers, glue, and ink. Maximum of 8 students. Grades 5-12









Hunter Education (Jim Knudson, Dewey Johnson): This course instills knowledge and skill to be a responsible and safe hunter. Hunter responsibility and safety are stressed through lectures, demonstrations, group discussions, practical exercises, individual study and activity assignments. Anyone born on or after Jan. 1, 1973, must have completed a hunter education course to purchase any hunting license in Wisconsin. Graduates receive a certificate that is accepted in every state, Canada and Mexico. **Cost of course: \$10 per student. 8:15-10:30 am (Session 1 & 2)** Grades 5 - adult

MS Basketball Skills (Tyler Lindert): This class will focus on developing the fundamentals necessary to become a better basketball player, including all facets of offensive and defensive basketball techniques. The basics of common offenses and defenses will be examined. Participants will be physically active during this class so you are required to wear workout clothing and gym shoes.

Grades 5-8







Masks and More(Nina Bellanti-Johnson): Students will explore the uses and importance of masks in different cultures. We will then create at least two mask forms using plaster, paper forms, cardboard, and paper mache'. We will also create head adornments using paper construction. Be creative and have fun while learning new things! *Maximum of 8 students*Grades 5-12

Mosaic Art (Nina Bellanti-Johnson): Students will learn the fundamentals of how to create a mosaic piece of artwork using glass, shells, and or tile. Come and learn how to use colored glass instead of paint to create a 2-dimensional piece of artwork. *Maximum of 8 students.*Grades 5-12









Write to Get Published! (Dewey Johnson): Wouldn't you love to see your writing in print? Dozens of magazines would love to hear about your adventures, travels, family, hobbies, and interests. In this class we will work on a personal story of yours and get it ready for publication. We will identify and target publications that our looking for your work. Our goal is to send out at least one story of yours to a publisher before the end of our class. *Maximum of 8 students*Grades 6-12

The Painting Scene (Deb Levey): This class will be for students who want to learn how to paint scenery. We will be concentrating on the sky and all its beauty. Then step by step adding the trees and mountains, even some birds and animals. *Maximum of 10 students*Grades 6 through 12

Credit Recovery (Wyatt Tramburg): Students who did not pass classes have the opportunity to receive credit by completing PLATO classes via the internet. Students in need of credit recovery will receive an invitation. Students are expected to attend during the scheduled time or until the classes(es) are done with a satisfactory grade.



MS Fitness & Conditioning (Carissa Tramburg) For all MS athletes and non-athletes, come get into shape for the upcoming school year. We will workout daily, like the high school fitness and conditioning programs, but with focus on technique and correct lifting form. All middle school students are encouraged to enroll in this fitness and conditioning session for the summer school duration and then can join the high school program upon completion.

Grades 5-8

Fitness and Conditioning (Mr. Knudson, Mr. Lindert, Mr. Wotruba, Jim Bylsma): This program runs June 10 – July 31 for a complete eight week lifting cycle. The program includes complete body and athletic training based on the most advanced physical education curriculums in the country. *Fitness and Conditioning will take place M-F from 6:30am-8:00am and 6:30pm - 8:00pm.*Grades 7-12



Fitness and Conditioning for Female Athletes (Carissa Tramburg): This program runs June 12 – July 28 and focuses on the strength, toning and conditioning that is ideal for females who want to or do participate in sports. Fitness and Conditioning for Female Athletes will take place M-F from 6:30am-8:00 am.

Grades 8-12

Football Fundamentals (Jim Bylsma, Jim Knudson, Scott Wotruba, Tyler Lindert): Football Fundamentals will develop the skills and physical capabilities needed for the game of football. This class will address all aspects of the game, offense, defense, and special teams. Students will develop football skills in a non–contact environment. **Dates are 6-22-20**, 7-13-20, 7-15-20, 7-20-20 and 7-22-20 from 4:30-7:30 pm Grades 9 - 12

Hilltopper Air Attack 7 on 7 (Jim Bylsma, Tyler Lindert, Scott Wotruba, Jim Knudson) "7 on 7" is being run in cooperation with Lomira HS. The first day of class will consist of an instructional day for passing fundamentals, the remaining two days of class will consist of 7 on 7 competitions between CF and Lomira athletes. One session will be held at Cambria-Friesland, and the other at Lomira. **Dates are 6-15-20, 6-16-20, 6-23-20 from 4:00-6:00 pm.** Grades 9-12





Beginning Band - 5th Grade (Andrew Skala): This class is offered to students entering 5th grade in the fall. Emphasis is on the development of basic technical skills, such as tone production, breath control, and music reading. Students wishing to join the 5th grade band must participate in this summer program unless other arrangements are made. Additional information, including instrument selection, supply list, and rental options will be provided to students during the Introduction to Band program held in the spring.

o Instruments meet at the following times:

Session 1 (A&B)	Session 2 (C&D)	Session 3 (E&F)
1A -	2C -	3E -
Flute: 8:15 - 8:45 am	Saxophone: 9:30 - 10 am	Trombone, Baritone, Tuba: 10:45 - 11:15 AM
1B -	2D -	3F -
Clarinet: 8:45 - 9:15 am	Trumpet: 10 - 10:30 am	Percussion: 11:15 - 11:45 AM

Swim Lessons (Jill Steinich): The swimming lesson schedules are currently being built and will be released at a later time.



Summer School Presentations 2020 Come Join Us!

Presentations will take place in Tarrant Park every Wednesday from 12-1 pm for the duration of summer school.

These presentations are offered to the general public free of charge thanks to the Cambria Friesland School District and Jane Morgan Library.

Bus drop off will follow the shows those days.



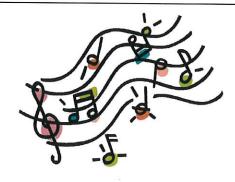
Roaming Reptiles is an educational show that highlights many different reptiles, amphibians, arachnids, insects, and other creatures. Showgoers will gain a newfound respect and appreciation for all things slimy, scaly, and creepy crawly!

JUNE 10

Where the Science and Magic Meet- Mr. Steve "The Master Facilitator of Fun" will be on board and ready to entertain. A fast-paced musical show with side-splitting audience participation. Bring your lawn chairs and blankets and enjoy the wonderful entertainment

JUNE 17





DJ Glen Williams will be rocking the park with tunes while we partake in Kickball to help build self-confidence, foster fair play and teamwork. We will also be refining some motor skills with a focus on purposeful play making some cool crafts! Refreshments will be available to those that attend.

JUNE 24

H20, Chemistry and Fun! End summer school by kicking off the official start of summer! Join us for a day of cooperative play and healthy competition! Water balloons, a giant slip and slide, squirt guns, and so much more! Be prepared for an afternoon of splishing and splashing and a chance to drench Mr. Tramburg with water balloons!

JULY 1



^{***}In the event of inclement weather presentations may be moved to the Cambria-Friesland School. Presentations may be subject to substitution or cancellation should conflicts arise.***



CAMBRIA-FRIESLAND SUMMER SCHOOL REGISTRATION FORM

Registration deadline: May 1, 2020

When a registration form is received in the office, it will be date/time stamped.

Classes are filled on a first come/first serve basis.

Name of Student:	Grade (in the fall):	
	s) Name:	
Home Phone:	Cell Phone:	
Emergency Contact:	Phone:	
	allergies and/or medical concerns? YES NO	
Will your child be riding the bus t	o and from the Randolph Town Hall in Friesland? YES N	10
Does your child reside w	ithin the Cambria-Friesland School District? YES NO	
Individual(s)other than parents a	authorized to pick child up:	
**By signing this registration form you a trips for the duration of sum	ncknowledge and give consent for your child to take supervised mer school; Trips are generally to the Library or to the park.	d walking
Parent/Guardian Signature:	Date:	_
Indicate your choices by listing	classes of interest in order from 1-5 (PLEASE LIST AI CHOICES).	LL 5
Please use a separate	registration form for each child in your family.	
Choice #1		
Choice #2		
Choice #3		
Choice #4		
Choice #5		
FOR OFFICE USE ONLY		
RECEIVED BY:	DATE/TIME:/_	









Registration opens ebruary

- Camps run Tuesday, Wednesday, and Thursday from 9AM-4PM.
- Enrollment based on current grade level.
- Breakfast and lunch provided.
- Some camps have off-site fieldtrips.
- \$100/student per session.
- \$50 reduced tuition for students eligible for free/ reduced lunch.
- ⇒ Sign up for camp information: madisoncollege.edu/career-discovery

June 16-18

Truax Campus

Basic Machining & CNC-grades 5-11 Hands-on machine tool operations and applications. Create cool projects using Manual and CNC processes.

Cosmetology: Hair it is!-grades 5-11 What is hair? How does shampoo and conditioner affect hair and am I using the right kind? Explore the color wheel, what makes color work in hair and how (using hair swatches and mannequins).

Next Gen Journalism-grades 6-8

Always asking 'why?' Dedicated to seeking and telling the truth even if it's uncomfortable? Create content that matters in state-of-the-art media labs.

Baking & Decorating Fun!—grades 6-11 Make dessert and bakery items from scratch, then decorate using a variety of trendy designs!

Biz Leader—grades 7-11

Develop your leadership capacity and learn how to be successful in business. Practice skills relevant in any career path. Explore various business-focus areas.

Portage Campus

Emergency Medical Service-grades 8-11 Explore emergency services including CPR, trauma & medical emergencies, and first responder wellness.

June 23-25

Truax Campus

Movie Maker-grades 5-7

Comprehensive video production workshop covering story-boards, cameras, sound equipment, and editing Animation—grades 5-8

Explore principles of animation. Sketch flip-books, film stop motion shorts, and bring digital creations to life.

Bring creativity and curiosity; computer skills a plus.

Advanced Welding & Fab—grades 6-11 If you attended last year's welding camp, come back

for new projects and more advanced techniques. Some STEM \$h!#-grades 8-11

Gain experience with 3D printing, electronics of solar energy and circuits, and structural design of bridges.

Culinary Creations—grades 8-11 Prepare and sample restaurant menu courses. Make

homemade breads, pizza, pasta and classic sauces, salads and ice cream. Final day: spaghetti on a board!

Madison College Campus Locations:

Truax: 1701 Wright Street, Madison WI Goodman South: 2429 Perry Street, Madison WI Portage: 330 W Collins Street, Portage WI

July 14-16

Truax Campus

Basic Welding & Metal Fab-grades 5-11 Learn the basics of welding and metal fabrication while creating projects to take home.

Biotechnology—grades 7-9
Hands-on exploration of stem cell technologies and regenerative medicine.

Collision Repair & Refinishing—grades 7-11 Learn collision repair & refinishing industry processes by making a project that will include metal shaping,

Goodman South Campus

Early Childhood Education: Hands-on Learning-grades 5-8

Learn some basics about early childhood education, including: art, music & movement activities; health, safety, & nutrition; child development; guiding behav-ior; and science & social studies activities.

Emergency Medical Service—grades 8-11 Explore emergency services including CPR, trauma & medical emergencies, and first responder wellness

July 21-23

Truax Campus

GO STEM (Girls' Only) -grades 5-7 Experience 3D printing, electronics of circuits, solar energy and robotics, and structural design of bridges.

Diesel TECH Fit—grades 5-7

What's it take to move 80,000 pounds down the highway and bring it safely to a stop? Examine 500 horse-power engines. Dis/reassemble foundation air components used to stop. Explore if diesel tech is your fit.

Be our Guest! Hospitality, Service & Tourism—grades 5-8

Sponsored by Destination Madison! Explore careers in Hospitality, including visits to some of Madison's most fun and exciting industry spots! Prepare an event: plan, execute and serve each other! (Parents/guardians may attend as well).

Collision Repair & Refinishing—grades 7-11 Learn collision repair & refinishing industry processes by making a project that will include metal shaping, bonding and refinishing.

Scrap Welding Adventure—grades 8-11 Go on a metal-finding adventure at a local salvage yard to find your metal treasures, then learn welding basics and create you own custom metal sculpture.

IT: Who let the Bugs Out?-grades 9-11 What makes quality software? Explore the basics of scripting, use scripts and teamwork to test and debug simple and complex scenarios.

August 3-7

Monday-Friday Session for \$150/\$100

Truax campus: NitroX Camp—grades 5-8
Sponsored by The Foundation of the Wisconsin Automobile & Truck Dealers Association!
Build, test, and drive remote control vehicles! Learn new technical, mechanical, and electrical skills Explore careers in the transportation industry.

August 4-6

Truax Campus

Culinary Creations—grades 5-7 Prepare and sample a variety of restaurant menu courses. Final day: spaghetti on a board!

Biotechnology—grades 7-9
Hands-on exploration of stem cell technologies and regenerative medicine in a state-of-the-art Lab suite.

Diesel TECH Fit—grades 8-11

What's it take to move 80,000 pounds down the highway and bring it safely to a stop? Examine 500 horse-power engines. Dis/reassemble foundation air components used to stop. Explore if diesel tech is your fit.

Emergency Medical Service—grades 8-11 Explore emergency services including CPR, trauma & medical emergencies, and first responder wellness.

Goodman South Campus

IT: Who let the Bugs Out?—grades 7-9 What makes quality software? Explore the basics of scripting, use scripts and teamwork to test and debug simple and complex scenarios.

Early Childhood Education: Hands-on Learning—grades 8-11 Learn some basics about early childhood education.

including: art, music & movement activities; health, safety, & nutrition; child development; guiding behavior; and science & social studies activities

Portage Campus

Exploring the World of STEM-grades 5-8 Do a wide variety of hands-on science experiments and activities, including 3D printing. Discover how to impact your community/world with a STEM career

August 11-13

Truax Campus

Basic Machining & CNC—grades 5-11 Hands-on machine tool operations and applications. Create cool projects using Manual and CNC processes

Woodworking 101—grades 5-11

Learn how to use basic woodworking tools and take home your own, handmade project!

Baking & Decorating Fun!—grades 6-11 Make dessert and bakery items from scratch, then decorate using a variety of trendy designs!

Entrepreneurship: Be the Boss-grades 8-11 Explore entrepreneurship and solving problems from an entrepreneurial lens. Develop and promote your own business idea.

Advanced Animation—grades 8-11

Explore further in animation, learn new skills, and bring digital creations to life with Adobe Character Animator. Bring creativity; computer skills a plus.

Register February 28

Follow @CareerCampMATC on Facebook!





NOTICE OF SPRING ELECTION OF SCHOOL BOARD MEMBERS

(Sec. 120.06(8)(b), Wis. Stats.)

NOTICE IS HEREBY GIVEN, that at an election is to be held in the **Cambria-Friesland School District** on Tuesday, April 7, 2020, the following offices are to be elected. The term of office for school board member is three years beginning on Monday, April 27, 2020.

Township of Springvale

- Denise Bancroft-Hart

Village of Cambria

Jason L. Graham

Voting will be held in the following places:

Village of Cambria

Village Office

Village of Friesland

Village Hall - Community Room

Town of Courtland

Courtland Town Hall

Town of Randolph

Randolph Town Hall (Friesland)

Town of Springvale

Springvale Town Hall

Town of Scott

Scott Town Hall

Town of Kingston

Kingston Town Hall & Senior Center

Town of Manchester

Manchester Senior Center

All polling places will be open at 7:00 a.m. and will close at 8:00 p.m.

Dated this 8th day of January, 2020.

Jason Graham

Cambria-Friesland School District Clerk



APRIL 4, 2020 C-F BOOSTER GLUB ADULT FUN NIGHT

Cambria Fire Department Community Room 702 Elizabeth St.

Cambria, WI 53923

Social Time: 6-7pm

Presentation of the Community Booster Award

Live Auction to Follow

Bring a Dish to Pass

Thank you for your continued support!

Must be 21 or older!! No carry-ins allowed!!

This year the theme is Hawaiian! Prize for the best dressed!

Live Auction

Silent Auction

Basket Raffle

Food & Drinks

Door Prizes

Christa Smits 920,296,8368

christasmits@hotmail.com

Kendra Maas

920.382.3766

ksmaas12@gmail.com



- Next Monthly Meeting is Monday March 16th at 5:30 in the School District Library
- Watch for meetings and events by following us on facebook or looking at our bulletin board in the Main Entrance of the school.

Light up the Night Dance

(Hosted by CF ROCKS)

When: May 1st

Time: 6:00-8:30 p.m.

Where: Cambria-Friesland School Elementary Gym

Who is invited: All Cambria-Friesland Community Members

Wear your neon colors or white, and bring your dancing shoes. There will be bars/cookies and refreshments provided.



We are looking for new members to join CF ROCKS!

Do you want to be part of a group that makes a difference?

Do you want to help change lives of the students, staff and community?

Do you want to help offer fun events for the community?

This is the group for you!!!

You can do as little or as much as you want. If you are interested in joining and would like more information please feel free to contact Debbie at 920-348-5548 ext. 278 or come join our next meeting.

Community Bread Basket

Do your funds for food run short before the end of the month? We are here for you!

The Cambria Bread Basket Food Pantry provides food and essentials for the families in need in the Cambria vicinity. We are located in the basement of the First Presbyterian Church, 121 W. Florence St, Cambria. The pantry entrance is on Towyn St.

No ID or registration required.

Current hours: Thursday, 3:00 p.m. to 5:00 p.m.

For an appointment or more information, please call: Church - 920-348-5859, Joanne Sanderson 920-348-5568, Jan Williams - 920-348-5048, Joanne Vaughan - 920-296-2452

**DONATIONS ARE ALWAYS WELCOMED & APPRECIATED

HAPPENINGS AT THE JANE MORGAN MEMORIAL LIBRARY

Facebook.com/JMMLibary and www.jmml.org

- **Story Time** at the library will be held on Wednesdays throughout the school year at 10 am. Come down and enjoy a story and spend some time exploring "Activity Boulevard" our early literacy area.
- Coats, Hats and Mittens are being collected at the library for children in need. Please help support the local community.
- **Children are Fine Free**, there are no longer overdue fines charged for children's materials. Additionally, any existing fines will be forgiven for juvenile accounts.
- Thursday Night Readers Adult Book Club meets at 7:00 p.m. on the third Thursday of each month, titles being discussed include: January 16th Night Road, by Kristin Hannah. Copies are available at the library to check out.
- **Crafting Group** meets on Mondays from 6:00 p.m. until 8:00 p.m. at the library. All ages from youth to adult and all levels of skill are welcome.
- Ironing and Mending is done at the library please talk to us if you would like to take advantage of this service.
- **Coupon Exchange** is available at the library. Feel free to bring in unused or recently expired coupons and take advantage of the organized coupons available at the library. Thank you for your contributions!





KICK IT FOR THE PARK KICKBALL TOURNAMENT

JUNE 12TH - 14TH

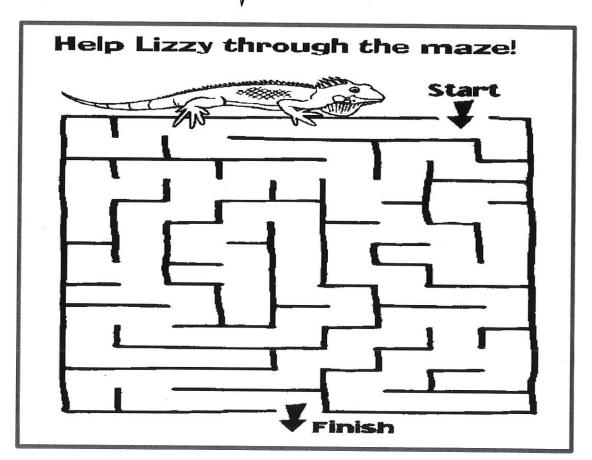
9 - 15 PERSON COED TEAM

AGES 18 AND UP

\$75 FEE

TARRANT LAKE PARK, CAMBRIA

For more information contact
Tim Raymond at traymond@cambria-frieslandschools.org



Heartfelt Thank You

It is with sincere gratitude that we thank both the Cambria-Friesland & CWC communities for your support of the **Hoops for Hope** event to benefit organ donation held in December.

Whether you helped organize the event, publicize it, made or served the food, attended the game, gave a donation, bought a t-shirt, or cleaned up afterward.... all your efforts are so greatly appreciated.

We have been both humbled and overwhelmed by the support and generosity shown to us by many who have never even met us! The Cambria-Friesland community welcomed us and made us feel as though we are among friends, right from the start. Your kindness means more than you will know and your donations will be so helpful as we continue our journey towards a kidney transplant.

We are so proud to be Hilltoppers and look forward to spending many years together enjoying our time with the wonderful people of this very special community.

Sincerely,
Coach John & Ann Stettbacher

COMMUNITY EVENTS

March 1: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

March 4: 6:15 PM Cambria Kiwanis meeting in Community Room.

March 5: 3-5 PM Cambria Community Food Pantry at First Presbyterian Church, Cambria. 6:30-8 PM American Legion & Auxiliary Meetings at Cambria Community Center.

March 7: 4-7 PM Welsh Prairie 4-H Club-Shamrock Super at Fire Station. Serving corn beef, chicken & fish dinners.

March 8: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

March 12: 3-5 PM Cambria Community Food Pantry at First Presbyterian Church, Cambria

March 15: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

March 19: 3-5 PM Cambria Community Food Pantry at First Presbyterian Church, Cambria. 7:00 PM Thursday Night Readers Club at Jane Morgan Memorial Library.

March 22: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

March 25: 6:15 PM Cambria Kiwanis meeting in Community Room.

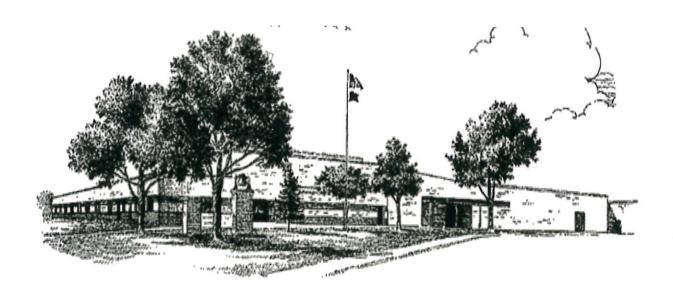
March 26: 3-5 PM Cambria Community Food Pantry at First Presbyterian Church, Cambria.

March 28: 4-9:30 PM Fire Department Chili Supper/Euchre/ Silent Auction at the Fire Station.

March 29: 8:45 AM Sunday School followed by worship service at 10 AM with hospitality hour First Presbyterian Church.

Non-Profit Organization U.S. Postage Cambria, WI 53923 Permit #2

Postal Customer Cambria, WI 53923



Cambria-Friesland School District
410 E. Edgewater Street, Cambria WI 53923 www.cf.k12.wi.us
District Administrator Timothy Raymond: 920-348-5548, ext. 278
6-12 Principal Debra Torrison: 920-348-5135, ext. 157

Board of Education Information

Rita Woelffer Burmania, President; Daniel DeYoung, Vice-President; Jason Graham, Clerk; Denise Bancroft-Hart, Treasurer; Mark Hoffmann, Member; Marc Berger, Member; Tammy Schepp, Member.

Regular School Board Meetings are usually held on the fourth Monday of the month in the School District Library at 6:00 p.m. Agendas for these meetings are posted at the Farmers & Merchants Union Bank in Friesland, Friesland Post Office, Cambria Post Office, and on the doors of the school entrances.