

Cambria-Friesland School Breakfast Menu - December 2017

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| WG = Whole Grain Cereal, Bug Bites, Fruit/Juice, and Milk are offered daily as a second choice for breakfast. | | | | 1 Breakfast Pizza w/Red Sauce Yogurt Juice/Fruit Milk |
| 4 Nutri-Grain Bar Cereal / Yogurt Juice/Fruit Milk | 5 French Toast Sticks w/syrup Juice/Fruit Milk | 6 Egg/Ham/Cheese Patti WG Toast Juice/Fruit Milk | 7 Banana Bread Yogurt Juice/Fruit Milk | 8 Scrambled Egg w/WG Toast Juice/Fruit Milk |
| 11 WG Oatmeal Chocolate Chip Breakfast Bar Juice/Fruit Milk | 12 Breakfast Scramble Juice/Fruit Milk | 13 Pancakes w/syrup Juice/Fruit Milk | 14 Muffin Yogurt / Raisins Juice/Fruit Milk | 15 Egg/Ham/Cheese Patti WG Toast Juice/Fruit Milk |
| 18 WG Donut Cheese Stick Juice/Fruit Milk | 19 French Toast w/syrup Juice/Fruit Milk | 20 Cinnamon Roll Cheese Stick Juice/Fruit Milk | 21 Pancakes w/syrup Juice/Fruit Milk | 22 No School |
| 25 No School | 26 No School | 27 No School | 28 No School | 29 No School |
| Breakfast Prices: PK-12 = \$1.65 per meal. Adult = \$2.05 per meal. Menus are subject to change. | | | | |

(USDA is an equal opportunity provider and employer.)

Fresh fruit & vegetables are offered daily.

Cambria-Friesland School Lunch Menu - December 2017

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| | | | | 1 Chicken Quesadilla Romaine Salad / Spanish Rice Carrots & Celery Mandarin Oranges |
| 4 Chicken Teriyaki / Rice Asian Vegetables Egg Roll / Carrots Pineapple | 5 Hamburger w/ WG Bun Baked Fries Vegetarian Baked Beans Pears | 6 Mini Corn Dogs Cream Noodles Green Beans Peaches | 7 Baked Potato Ham / Taco Meat Broccoli / Dinner Roll Mandarin Oranges | 8 Mighty Rib w/WG Bun Potato Triangle Vegetable Medley Mixed Fruit |
| 11 Spaghetti / Pizza Dipper Romaine Salad Sautéed Zucchini Fresh Carrots / Peaches | 12 Tacos Lettuce/Cheese/Tomato Refried Beans / Corn Pineapple | 13 Chicken Patti w/ WG Bun Couscous Green Beans Hot Apple Slices | 14 Salisbury Steak Mashed Potatoes /Gravy Broccoli / Dinner Roll Pears | 15 Sloppy Jo w/WG Bun Baked Tater Tots California Blead Mandarin Oranges |
| 18 Chicken Nuggets Rice / Flavored Rice Cooked Carrots Peaches | 19 Sub Sandwich Multigrain Chips Baked Beans / Fresh Veggies Pears | 20 Pork & Gravy Mashed Potatoes Broccoli / Dinner Roll Apple Crisp / Pineapple | 21 Pizza Garden Salad Peas Mandarin Oranges | 22 No School |
| 25 No School | 26 No School | 27 No School | 28 No School | 29 No School |
| *All meals are served with milk. Menus are subject to change. Lunch Prices: Grades PK-5 = \$2.60 Grades 6-12 = \$2.75. Adult = \$3.65. Supersize = \$1.00. | | | | |